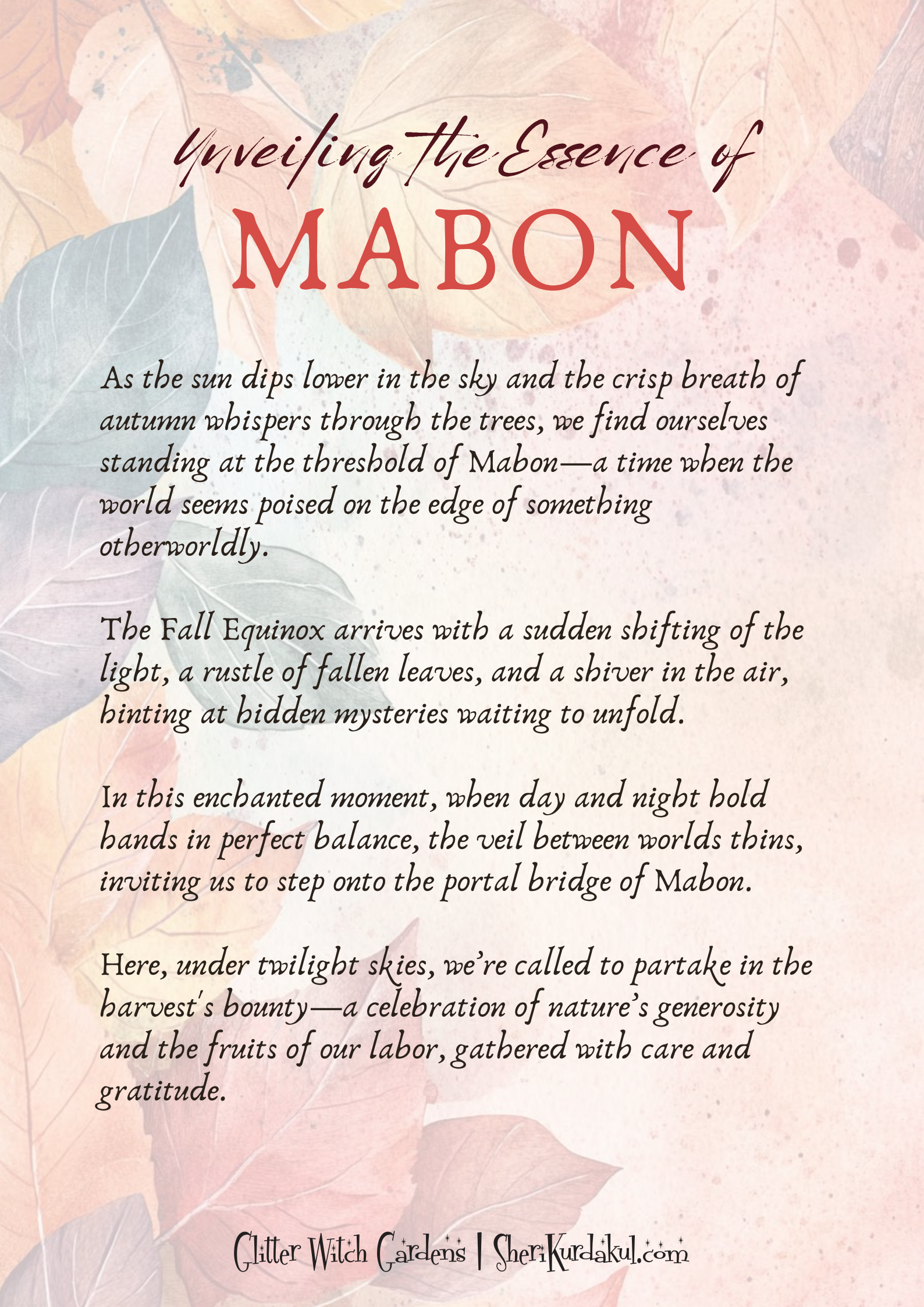




The *Enchantment of* **MABON**

A GUIDE TO
CELEBRATING THE SEASON
OF THE WITCH





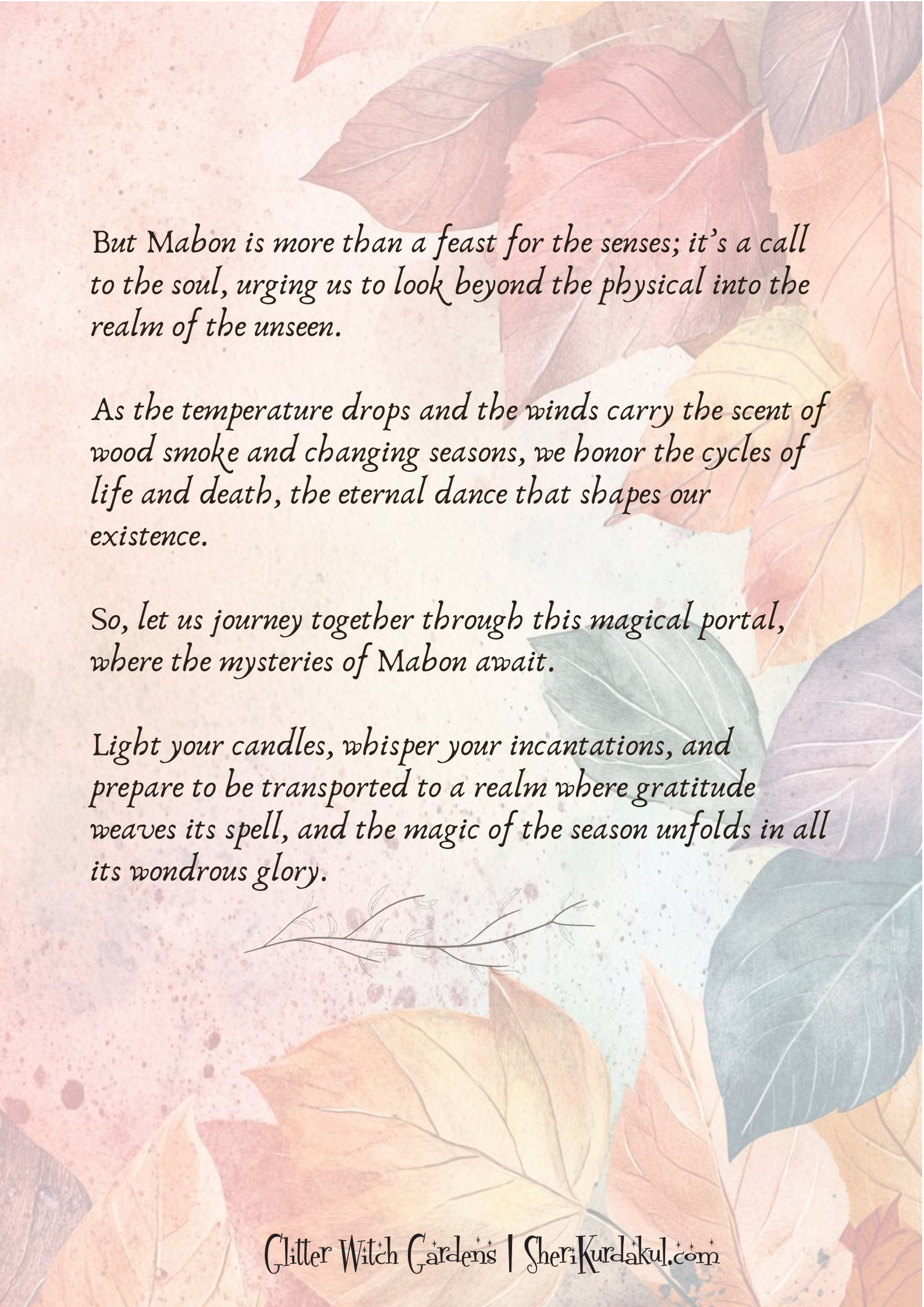
Unveiling The Essence of **MABON**

As the sun dips lower in the sky and the crisp breath of autumn whispers through the trees, we find ourselves standing at the threshold of Mabon—a time when the world seems poised on the edge of something otherworldly.

The Fall Equinox arrives with a sudden shifting of the light, a rustle of fallen leaves, and a shiver in the air, hinting at hidden mysteries waiting to unfold.

In this enchanted moment, when day and night hold hands in perfect balance, the veil between worlds thins, inviting us to step onto the portal bridge of Mabon.

Here, under twilight skies, we're called to partake in the harvest's bounty—a celebration of nature's generosity and the fruits of our labor, gathered with care and gratitude.



But Mabon is more than a feast for the senses; it's a call to the soul, urging us to look beyond the physical into the realm of the unseen.

As the temperature drops and the winds carry the scent of wood smoke and changing seasons, we honor the cycles of life and death, the eternal dance that shapes our existence.

So, let us journey together through this magical portal, where the mysteries of Mabon await.

Light your candles, whisper your incantations, and prepare to be transported to a realm where gratitude weaves its spell, and the magic of the season unfolds in all its wondrous glory.





MABON



Mabon

Final Stop on the Wheel of the Year

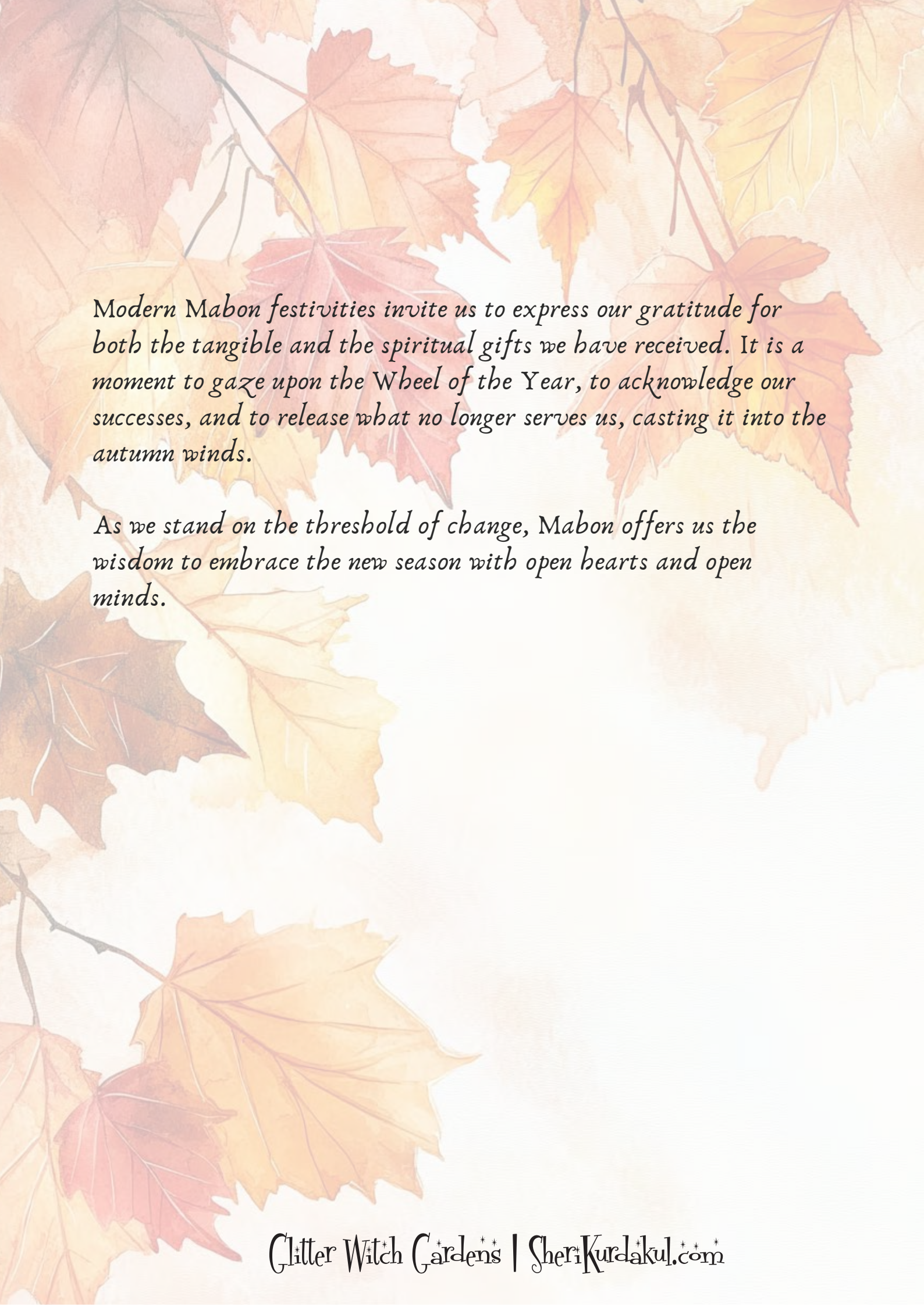
Mabon is the last dance on the Wheel of the Year, arriving with the Autumn Equinox's magical touch.

Each year, as September 21st unfolds, Mabon casts its spell, a time when day and night hold hands in perfect harmony.

As the Earth shifts from summer's warmth to autumn's cool embrace, Mabon beckons us to pause and reflect on the delicate balance of life, the profound gratitude we hold, and the rich abundance of the harvest.

For those walking the path of nature's wisdom, Mabon is a sacred portal through which we connect with the cycles of the Earth, honoring the fruits of our labor and the rhythms of the natural world.

This celebration is not just of the harvest but of the spirit, as we give thanks for the bounty bestowed upon us by Mother Earth.



Modern Mabon festivities invite us to express our gratitude for both the tangible and the spiritual gifts we have received. It is a moment to gaze upon the Wheel of the Year, to acknowledge our successes, and to release what no longer serves us, casting it into the autumn winds.

As we stand on the threshold of change, Mabon offers us the wisdom to embrace the new season with open hearts and open minds.



*“When daytime and nighttime are equal,
When sun is greatest and least,
The four Lesser Sabbats are summoned,
Again witches gather and feast.”*

Doreen Valiente, The Witches Creed



Mabon

Correspondences & Symbols

DATE: *When the Sun enters the sign of Libra, generally somewhere between September 21st - 22nd*

CUSTOMS: *Bringing in the harvest under the moonlight, offerings to the land, feasting, leaving offerings of apples on burial sites as a token of honor, gathering seed pods and dried plants, offering libations to trees, walking in wild places*

FOCUS INTENT: *Harvest & Equilibrium, also Abundance, Introspection, and Protection*

ELEMENT: *Water*

THRESHOLD: *Evening*

TAROT CARDS: *The World, Judgment*

HERBS: *Tobacco, Yarrow, Rosemary, Sage, Chamomile, Rosehips*

FOODS: *Corn, Squash, Beans, Apples, Pumpkin, Grains, Cider*

CRYSTALS: *Sapphire, Carnelian, Yellow Topaz*

ANIMALS: *Owl, Stag, Blackbird, Eagle, Wolf, Salmon*

FLOWERS: *Sunflowers, Thistle, Marigold,*

COLORS: *Orange, Yellow, Red, Brown, Gold, Bronze*

SYMBOLS: *Cornucopia, Seed, Pinecones*

Mabon

Ways You Can Celebrate



Mabon

Ways You Can Celebrate

CLEAN: Clean your home and sweep out all the old energy to freshen up your space. Envision old, stagnant energy leaving, and beautiful, fresh, sparkling, abundant energy taking its place.

DECORATE: Decorate your front porch, steps, and entryway with traditional autumn decor reflective of the harvest and the turning of the seasons.

FIRE: Host a gathering and invite friends and family to join in a fireside feast celebrating the turning of the seasons and the harvest.

APPLE PICKING: Apples are deeply connected to wisdom and magic, and associated with the harvest. They're the perfect symbol of the Mabon season. Give thanks as you pick.

JOURNALING: Take time to sit and write down all the blessings from the past year and the things you're grateful for in your journal.



Simple Harvest Eats

GARLIC & ROSEMARY ROASTED BABY POTATOES

🐔 POTATOES - *Grounding, Protection, Stability*

🐔 ROSEMARY - *Purification, Protection, Courage, Strength, Love*

🐔 GARLIC - *Cleansing, Protection, Luck*

🐔 OLIVE OIL - *Peace, Protection*

INGREDIENTS

- 2lbs Baby Potatoes
- 2-3 cloves of Garlic, minced
- 1tbs chopped fresh Rosemary
- 3tbs extra virgin Olive Oil
- Flaked Salt, to taste
- Black Pepper, to taste
- Optional: Smoked Paprika, to taste

DIRECTIONS

1. Preheat oven to 425°F (220°C).
2. Wash the potatoes well and dry them, then cut them in half. (If you don't have baby potatoes you can use larger potatoes, just cut them into bite sized chunks).
3. In a bowl, toss potatoes with olive oil, garlic, rosemary, salt, and pepper until coated.
4. Spread potatoes in a single layer on a foil-lined (or well-oiled) baking sheet.
5. Roast for 25-30 minutes, or until browned and tender.
6. If desired, sprinkle with smoked paprika and toss to coat.
7. Serve hot, garnished with additional rosemary if desired.



Mabon

Lighted Fall Garlands for Protection

Mabon

Lighted Fall Garlands for Protection

As the days grow shorter and autumn's lengthening nights draw near, it's the perfect time to ward your entry door with garlands enchanted with a magical charm to grace your doorway and protect against the encroaching shadows.

Begin by gathering a few artificial garlands of colorful autumn leaves and berries and some strands of twinkling miniature warm white outdoor lights (or choose a color that resonates with you - orange is perfect as well) from an arts and crafts store.

Carefully twist the garlands and lights together, creating one long garland to fit your space, or several shorter garlands if that works better for you.

As you work, recite the following charm to enchant your garland with a protective ward for your entryway:

*I hang this garland when autumn calls,
To shine with warmth and guard us all.
With autumn's arrival, its power grows,
A spinning charm, safety bestowed.
By harvest moon and sunlit ray,
As I will, so shall it stay.*

Hang your enchanted creation over the threshold of your main doorway, where it will stand as a beacon of light, inviting warmth and protection.

If you have a porch, you can add additional garlands overhead at the top of your front steps. You can also add these enchanted garlands as a protective ward at any of your doors.

For those whose homes lack a nearby outdoor socket to plug your lights in, fear not—battery-operated lights hold their own charm. Alternatively, you might replace your porch light bulb with an adapter, which allows you to plug the lights of your garland directly into your porch light. This gives you access to turn them on and off from inside with a simple flick of a switch.

Turn your lights on at night to transform your entryway into a luminous portal into a protected space beyond.

Don't have a front porch or exterior doors? If you live in an apartment, you can simply hang your protection garland above your entry door on the interior of your space.

Once the season's magic has run its course, stow your garland away with care alongside your other seasonal treasures.

When the autumn season rolls around again, you can reuse your enchanted garlands. You'll want to revive the charm, refreshing the magic to once again cast its protective light upon your threshold, guarding against the gathering dark.



Incense

Cleansing & Purification

Incense

Cleansing & Purification

During the Autumn Equinox, incense is a sacred tool used to sweep away old, stagnant energies, opening space for new insights and balance.

As we journey inward for fall and winter, using incense for cleansing and purification can assist us in releasing patterns and stories that no longer serve us, rejuvenating our energy field and preparing us for the season's introspective embrace.

You can use pre-made incense with a fall fragrance, but if you'd like to step it up a notch, create your own enchanted loose incense blend from the recipe below.

You'll Need:

- 2 parts Sandalwood (ground or chips)
- 2 parts Pine Needles
- 1 part Rosemary Leaves
- 1 part Cinnamon (ground or stick broken into pieces)
- 1 part dried Apple
- 1 part dried Oak Leaf

Add your ingredients to a mixing bowl one at a time. Measure carefully, and if the materials need to be crushed, use your mortar and pestle to do so first. (Alternatively, you can use a clean coffee grinder and blend the herbs into a fine powder).

As you blend your incense, focus on the intent of your work. You're creating an incense to use during Mabon, a time to celebrate the season of balance and harmony, as well as gratitude for the blessings you've reaped over the last year.

You can charge your incense with a purpose by stating the following charm as you blend the herbs together, focusing on your intent:

*Mabon arrives with day and night in tune,
Balancing light with the rise of the moon.
I count my blessings in what I have and do,
Embracing love, harmony, and gratitude, too.
Mabon herbs, bring balance my way,
As I will, so shall it stay.*

To use, place a pinch or tiny scoop of the incense blend on a lit charcoal disk inside a heat-proof vessel, such as a small cast iron cauldron to release the cleansing and purifying smoke.

Make sure to sit the vessel on a heat-safe surface, as the heat from the lit charcoal disk can easily transfer and cause heat damage to surfaces, or a fire.

Keep your incense in a tightly sealed jar, labeling it with its purpose, name, and the date it was made. Use it within three months to ensure it stays fresh and potent.



Candle Magic

Correspondences for Autumn

Candle Magic

Autumn Color Correspondences

Candle magic is timeless, but autumn invites us to infuse our rituals with its rich colors and themes. Embrace the season by reimagining candle magic. Though often one of the first skills learned by witchy practitioners, adding your unique touch can transform a simple charm into a potent spell.

Explore these deep autumn candle colors, each resonating with the spirit of the fall. Let this color correspondence chart inspire you, and feel free to blend your own ideas and traditions.

RED: *The Mother, Passion, Love, Fire Element, Protection*

ORANGE: *Energy, Happiness, Harvest*

GOLDEN YELLOW: *Knowledge, Wisdom, Sunshine, Air Element*

METALLIC GOLD: *The God, Success, Wealth, The Sun*

DARK GREEN: *Earth Element, Green Man, Healing, Lord of the Forest, Nature Spirits, Good Luck*

ROYAL BLUE: *Water Element, Peace, Healing, Hope*

BRONZE/BROWN: *Grounding, Security, Happy Homes*

BURGUNDY: *Desire, Life Force, Tempestuous Passion*

DARK PURPLE: *Protection, Power, Spirituality*

BLACK: *The Crone, Banishing, Removal of Negativity, Protection*

WHITE: *The Maiden, The Moon, Truth, Fresh Starts*



Ritual

Spellcasting for Balance

Ritual

Spellcasting for Balance

As you know by now, abundance and harvest are traditional themes of Mabon. In addition, with Mabon falling in the sign of Libra - The Scales, balance and harmony are important themes as well. This simple ritual candle spell is designed to draw both in, while releasing and banishing negativity.

The ideal time to work this spell is at sunset, while the western sky is lit up with the vibrant oranges, pinks, and purples of the sinking sun.

You'll Need:

- 1 White votive candle, for purification and fresh starts
- 1 Black Votive candle, for banishing negativity
- Place both candles in votive cups
- A lighter or matches
- A safe, flat surface to work your spell on.
- A handful of pretty autumn leaves and/or any other flowers or plants associated with Mabon, such as Sunflower, Thistle, or Marigold
- A tray to arrange everything on so it can be easily moved

Set your spellworking space up outside if at all possible.... being outdoors where you can really soak up the atmosphere of the sunset and coming darkness adds a next-level touch of magic.

Make sure your candles sit deeply enough in their cups that they're protected from potential breezes. Set them a few inches apart on your tray, and arrange your leaves and/or other plants or flowers around the outside of the cups.

Light the candles and repeat this charm three times:

*At the Autumn Equinox, day and night align,
I restore harmony and clear troubles from my mind.*

*A white candle shines with positive light,
A black candle removes the troubles from sight.*

*Hear my words on this autumn eve, my will is clear and true,
May the Gods bless me under the fading sun and rising moon.*

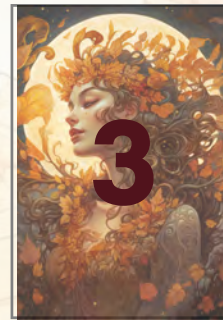
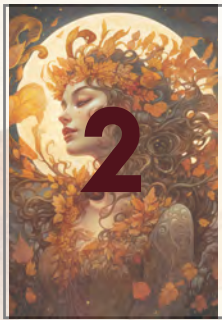
Now sit and enjoy the evening for a few minutes. As the sun finishes setting, focus on banishing your troubles from the past year, releasing them and envisioning them disappearing below the horizon with the sun, burned up in its brilliant display.

As the moon rises, gaze upon it and focus on welcoming a fresh start. As it rises higher and higher in the sky, envision the expansion of that fresh start as an orb of warm golden light that expands out and encompasses you as you close out the Wheel of the Year.

When you feel like you're finished, carry your tray indoors and place it on your altar, or a space of your choosing, to let the candles finish burning out. Once your candles are out, pick a favorite leaf or flower from your tray to display on your autumn altar, or elsewhere, as a token to remind you of this spellcasting.

Mabon

Tarot or Oracle Spread



Mabon

Tarot or Oracle Spread

1) *The Harvest: The fruits of your labor and what you've accomplished so far.*

Card Drawn:

Mabon

Tarot or Oracle Spread

2) Balance: The equilibrium between light and dark, highlighting areas where you need to find harmony.

Card Drawn:

Mabon

Tarot or Oracle Spread

3) *Gratitude: Emphasizing the importance of acknowledging and appreciating what you have.*

Card Drawn:

Mabon

Tarot or Oracle Spread

4) Lessons Learned: Identifying valuable insights and experiences from the past year.

Card Drawn:

Mabon

Tarot or Oracle Spread

5) Current Path: Illuminating your current trajectory and the energies surrounding you.

Card Drawn:

Mabon

Tarot or Oracle Spread

6) *Desires: Revealing your deepest longings and aspirations for the coming season.*

Card Drawn:

Mabon

Tarot or Oracle Spread

7) *Guidance: Offering wisdom and advice for navigating the future with intention and purpose.*

Card Drawn:



Mabon

Journal Prompts

What treasures are ripening in your life's orchard?

Imagine walking through an enchanted orchard that represents your life. What fruits of endeavor hang heavy on the branches, ready to be gathered and savored? Which enchantments are you harvesting in this season of abundance?

Pause and honor your soul's journey this year.

What milestones mark the path you've traveled this year? Which achievements glow the brightest on that path? Allow yourself to feel pride and joy at all you've accomplished... and know that this looks different for all of us as we travel our own roads.

This image shows a decorative background for a lined notebook page. The background is a light pink and white speckled pattern. On the left side, there are stylized illustrations of autumn leaves in shades of orange, yellow, and green. The page has horizontal ruling lines.

Celebrate the blessings woven into your story.

As you sit beneath the vast expanse of the starry night, allow yourself to reflect on the year's blessings that shimmer like constellations in the sky of your life. Which gifts, large or small, have graced your journey? What do you feel most grateful for throughout this turning of the wheel of the year?



Mabon

Setting Intentions

[illegible]

[illegible]

*“Autumn is a second spring, when
every leaf is a flower.”*

Albert Camus





Glitter Witch Gardens

♦♦ A bit of glitter to brighten your spirit. ♦♦ A bit of magic to brighten your soul. ♦♦
♦♦ May your garden forever sparkle and grow. ♦♦

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