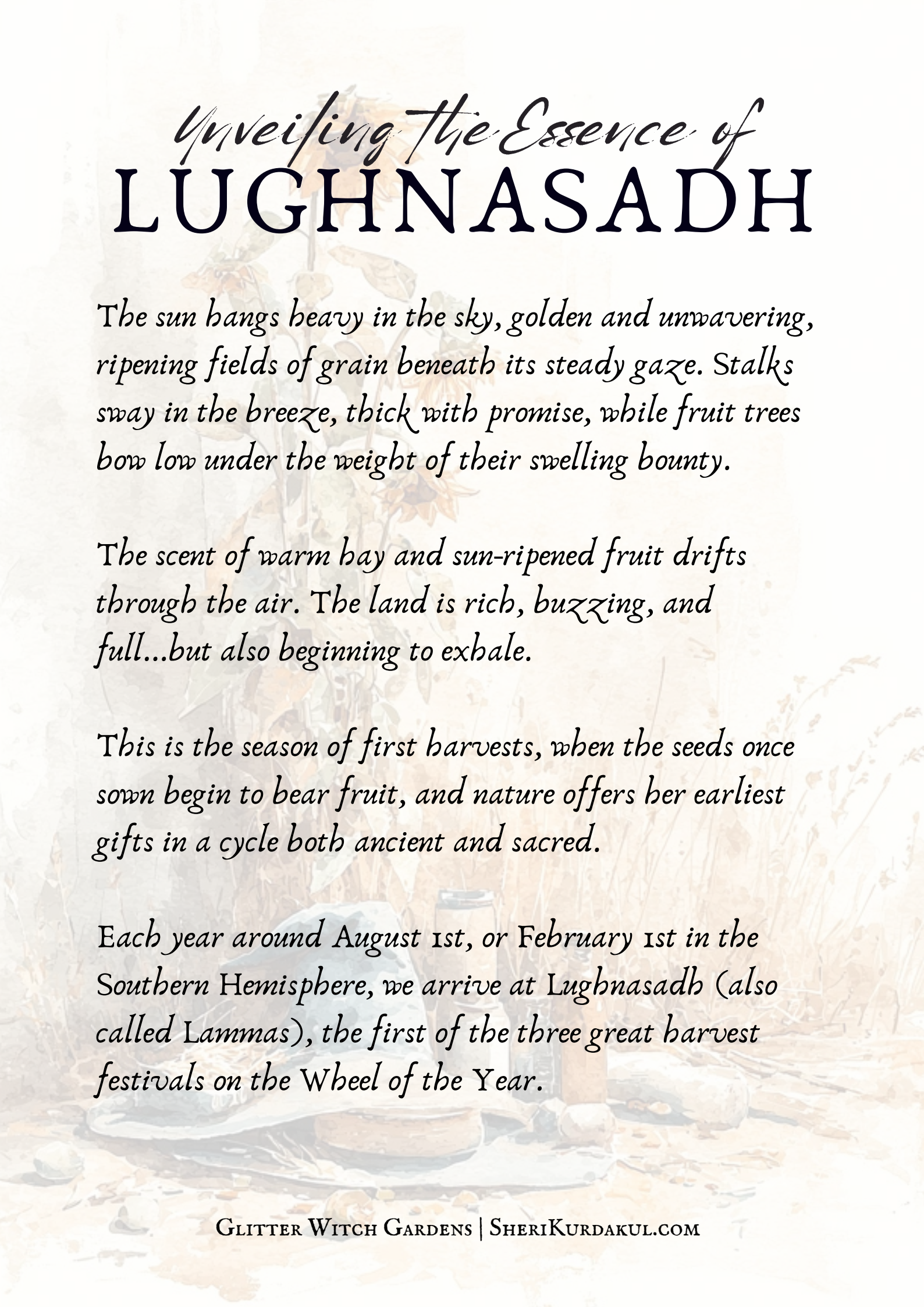


A woman with long, wavy brown hair is shown in profile, facing right. She wears a crown made of green leaves, purple flowers, and wheat stalks. She is holding a large bundle of wheat stalks in front of her. The background is a soft, out-of-focus landscape with warm, golden light, suggesting a sunset or sunrise.

The Enchantment of
LUGHNASADH

A GUIDE TO CELEBRATING LAMMAS

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM



Unveiling the Essence of **LUGHNASADH**

The sun hangs heavy in the sky, golden and unwavering, ripening fields of grain beneath its steady gaze. Stalks sway in the breeze, thick with promise, while fruit trees bow low under the weight of their swelling bounty.

The scent of warm hay and sun-ripened fruit drifts through the air. The land is rich, buzzing, and full...but also beginning to exhale.

This is the season of first harvests, when the seeds once sown begin to bear fruit, and nature offers her earliest gifts in a cycle both ancient and sacred.

Each year around August 1st, or February 1st in the Southern Hemisphere, we arrive at Lughnasadh (also called Lammastide), the first of the three great harvest festivals on the Wheel of the Year.

Lughnasadh honors the waning summer sun and the labor that brings abundance into form. The days are still long and hot, but a subtle shift whispers that autumn is approaching. The fields hum with both celebration and surrender.

Named for the Celtic sun god Lugh, this sabbat commemorates not only his brightness and skill, but also sacrifice. In some traditions, Lugh gives of himself to ensure the land's fertility, a divine offering so that others may thrive.

This is a time of gathering; of wheat, barley, corn, berries, and all that the land has begun to provide. It is a celebration of work and reward, of gratitude and reflection. What have you planted this year, and what fruits are beginning to show?

For many Pagans, this sabbat marks the turning point between high summer and the descent toward autumn. It is a time to honor the cycles of effort and reward, and to acknowledge the balance between giving and receiving.

The Goddess now appears as the Harvest Mother, strong and sustaining. She offers nourishment but also reminds us that to harvest is also to cut away, that every act of reaping is a sacred act of letting go.

Traditionally, this is a time of community festivals, of baking bread from the first grain, sharing meals, holding competitions of skill or strength (echoes of Lugh's own games), and offering thanks for the blessings already received.

Corn dollies are woven, altars are adorned with wheat stalks and sunflowers, and the first loaves are blessed and broken in ritual or feasting.

Though the sun still shines bright, the shadows are lengthening. We are reminded that the wheel turns always... toward release, toward rest, toward return.

Through ritual, gathering, gratitude, or quiet contemplation, Lughnasadh invites us to recognize the fruits of our labors and the blessings of the land.

So, too, are we invited to celebrate what is coming to fullness and to begin making peace with what must soon be harvested.

As the wheel turns once more, Lughnasadh teaches us that abundance is sacred, but it does not come without effort - and that all things, in their time, are gathered home.





LUGHNASADH



Lughnasadh

The Fire Festival of Lammmas

Lughnasadh - also known as Lammmas - is a high holiday, a fire festival, one of the eight sacred spokes on the Wheel of the Year.

This ancient wheel mirrors the ever-turning rhythms of the natural world, offering sacred moments to honor both the changing seasons and the deeper cycles of our own spiritual paths.

Lughnasadh's place at the height of late summer marks a powerful threshold: it is the festival of first harvest, a celebration of ripening abundance, grateful labor, and the sacred exchange between land and people.

As the grains grow golden and the fruits swell on the vine, Lughnasadh reminds us that the light is beginning to wane—but the earth still gives generously.

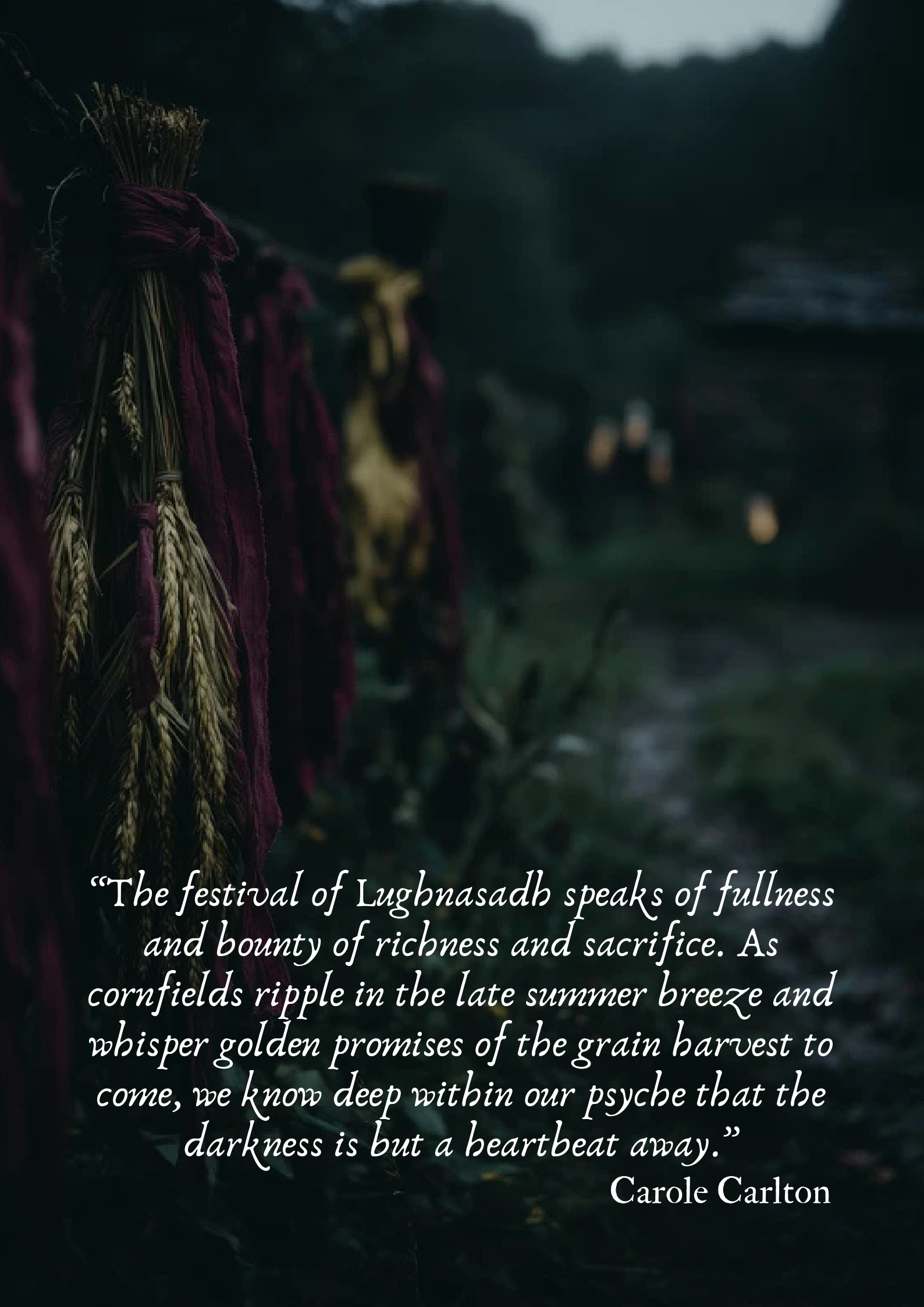
Lughnasadh

The Fire Festival of Lammmas

This sabbat is a time to pause and give thanks for what is coming to fruition, to reflect on effort and reward, and to honor the balance between growth and surrender.

It is a moment of grounded power, when the seeds we've sown—literal or symbolic—begin to bear fruit, and we are invited to recognize our role as both tenders and receivers of the sacred cycle of life.





“The festival of Lughnasadh speaks of fullness and bounty of richness and sacrifice. As cornfields ripple in the late summer breeze and whisper golden promises of the grain harvest to come, we know deep within our psyche that the darkness is but a heartbeat away.”

Carole Carlton

Lughnasadh

Correspondences & Symbols

DATE: On or around August 1st in the Northern Hemisphere

CUSTOMS: *Breaking bread with friends, harvesting herbs for charms & rituals, fire with sacred wood & dried herbs, feasting, competitions, gathering flowers for crowns.*

FOCUS INTENT: *Honoring the parent Deities, first harvest festival, first fruits grains & drink to the Goddess in appreciation of Her bounty, offering loaves of sacred bread in the form of the God (this is where the Gingerbread Man originated)*

ELEMENT: *Fire*

TAROT CARDS: *The Sun, The Empress, Four of Wands*

DIETIES: *Lugh, Dana, Tammuz, Dionysus, Corn Mother, Isis, Lleu*

HERBS: *Ginseng, Fenugreek, Myrtle, Heather, Yarrow*

FOODS: *Homemade Bread, Elderberry Wine, Squash, Nuts, Wild Berries, Apples, Meadowsweet Tea, Cider, Beer, Mead*

CRYSTALS: *Aventurine, Citrine, Peridot, Sardonyx*

ANIMALS: *Rooster, Basilisk, Centaur, Phoenix, Calves*

FLOWERS: *Hollyhock, Sunflower, Meadowsweet, Marigold*

COLORS: *Red, Orange, Green, Light Brown, Gold*

SYMBOLS: *Cornucopia, Sheaves of Wheat, Scythe*

Lughnasadh

Ways You Can Celebrate



Lughnasadh

Ways You Can Celebrate

SET UP A LUGHNASADH ALTAR: *Create a sacred space to honor the first harvest and the waning summer sun. Adorn your altar with grains like wheat or barley, sunflowers, blackberries, and seasonal fruits. Include symbols of abundance such as bread, corn dollies, or sheaves of grain, alongside crystals like carnelian, citrine, or tiger's eye. Offer a fresh-baked loaf, honey, or berry wine to the spirits of the land or harvest deities in gratitude for the earth's early gifts.*

DECORATE: *Welcome the richness of the season into your home and garden with earthy, golden hues. Use colors like amber, rust, deep gold, olive green, and burnt orange to reflect ripening fields and late summer warmth. Decorate with woven wheat, harvest baskets, sunflowers, and seasonal produce. Hang bundles of dried herbs or braid corn husks to invoke protection and prosperity.*

HARVEST MAGIC: *Light a candle, hearth fire, or small outdoor flame in thanks for the abundance already received and to prepare for what's yet to come*

Lughnasadh

Ways You Can Celebrate

. Write down something you're ready to harvest—a goal, a lesson, a dream—and offer it to the flame as a symbolic reaping of your efforts. You might also bake ritual bread or prepare a simple meal with seasonal ingredients as an act of magic and devotion.

DIVINATION: Seek guidance on what is ripening in your life—and what must be harvested or released. Try a harvest-themed tarot spread, cast runes over grains or seeds, or scry in a bowl of dark berry tea or wine to tap into the mystery of the turning season. Work outdoors if possible, grounding yourself in the hum of the late summer earth. Pay close attention to signs in nature—falling leaves, animal encounters, or the rustle of wind in tall grass—as whispers from the unseen.





The First Fruits

*Honoring the Sacred Labor of
the Harvest*

A photograph of three women from behind, standing in a field. They are wearing flower crowns and light-colored, flowing dresses. The woman on the left is holding a bouquet of yellow flowers. The background is a soft-focus field of tall grass or reeds under a warm, golden light, suggesting a sunset or sunrise.

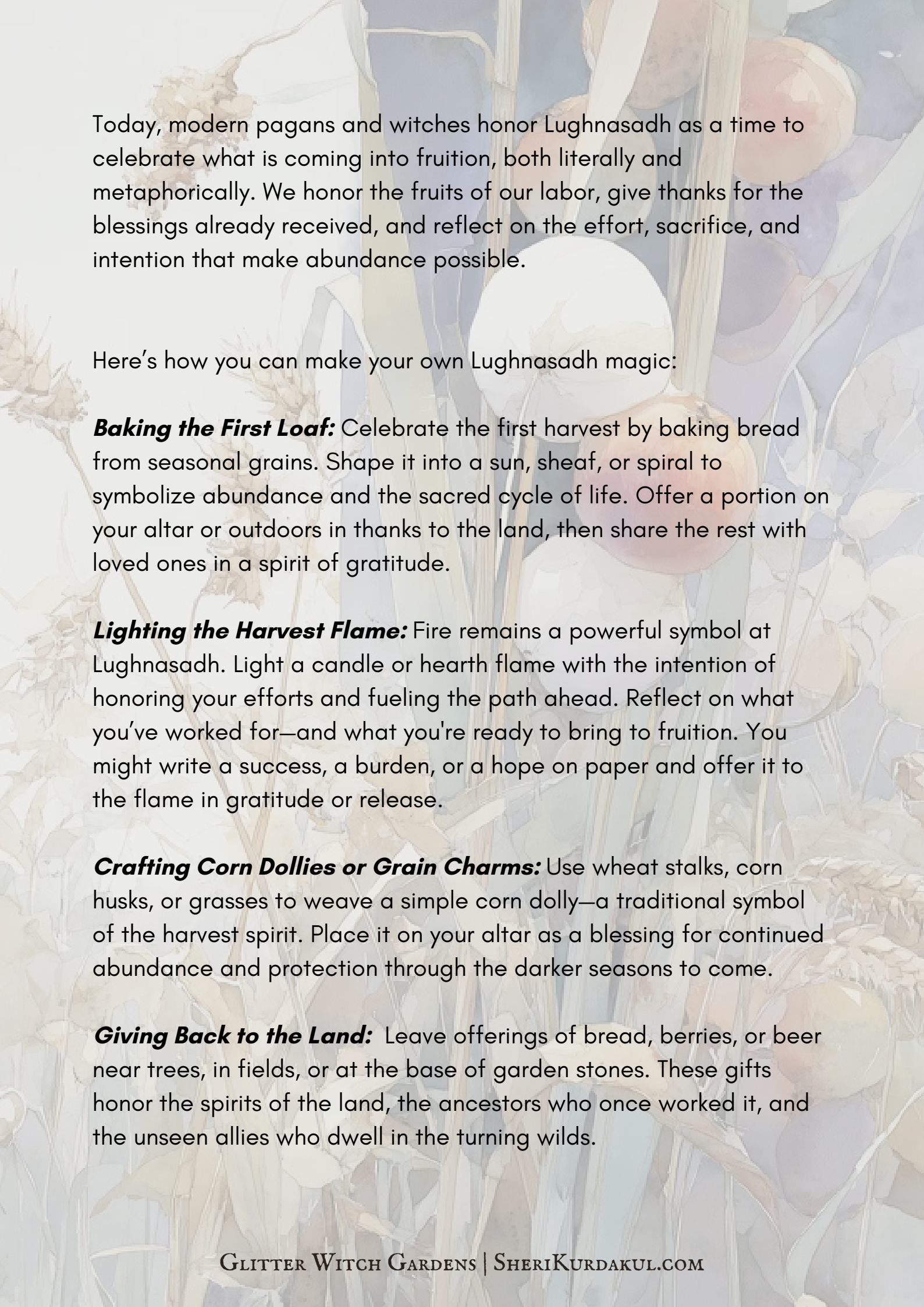
The First Fruits

HONORING THE SACRED LABOR OF THE HARVEST

Ah, golden Lughnasadh! The sun still hangs high, but the edges of the season have begun to soften. The fields are heavy with grain, the fruits are ripening on the vine, and the first whispers of autumn ride the breeze.

In ancient Celtic traditions, Lughnasadh marked the first harvest—a sacred time of gathering, gratitude, and sacrifice. Named for the god Lugh, a deity of skill, light, and craftsmanship, this sabbat honors not just the bounty of the land, but the effort behind it. It is a festival of work and reward, of labor offered in reverence to the cycles of the earth.

Games were held in Lugh's name, loaves were baked from the first sheaves of grain, and offerings of bread, berries, or mead were given in thanks to the land and its spirits. The cutting of the first stalk symbolized the sacred balance between life and death, abundance and surrender.



Today, modern pagans and witches honor Lughnasadh as a time to celebrate what is coming into fruition, both literally and metaphorically. We honor the fruits of our labor, give thanks for the blessings already received, and reflect on the effort, sacrifice, and intention that make abundance possible.

Here's how you can make your own Lughnasadh magic:

Baking the First Loaf: Celebrate the first harvest by baking bread from seasonal grains. Shape it into a sun, sheaf, or spiral to symbolize abundance and the sacred cycle of life. Offer a portion on your altar or outdoors in thanks to the land, then share the rest with loved ones in a spirit of gratitude.

Lighting the Harvest Flame: Fire remains a powerful symbol at Lughnasadh. Light a candle or hearth flame with the intention of honoring your efforts and fueling the path ahead. Reflect on what you've worked for—and what you're ready to bring to fruition. You might write a success, a burden, or a hope on paper and offer it to the flame in gratitude or release.

Crafting Corn Dollies or Grain Charms: Use wheat stalks, corn husks, or grasses to weave a simple corn dolly—a traditional symbol of the harvest spirit. Place it on your altar as a blessing for continued abundance and protection through the darker seasons to come.

Giving Back to the Land: Leave offerings of bread, berries, or beer near trees, in fields, or at the base of garden stones. These gifts honor the spirits of the land, the ancestors who once worked it, and the unseen allies who dwell in the turning wilds.

Honoring Sacred Work: Lughnasadh reminds us that labor can be holy. Reflect on the work—physical, emotional, or spiritual—that has brought you to this point. Create a ritual around it: journal your efforts and outcomes, bless your tools, or perform a simple rite of thanks for the strength and resilience that carries you forward.



Lughnasadh is a celebration of effort made sacred. It invites us to honor what we've created, give thanks for what has begun to manifest, and prepare - with reverence and resolve - for the harvests still to come. The wheel turns, the fields ripen, and we are reminded that each season brings its own kind of magic.





Altar

A Simple Lammastide Altar

Altar

A Simple Lughnas Altar

Lughnasadh is a sabbat of gratitude, sacred labor, and the first fruits of the harvest. It honors the earth as she begins to offer her bounty, the sun as it slowly begins to wane, and the quiet balance between effort and reward. It's a celebration of nourishment, perseverance, and the golden magic that ripens in both field and spirit.

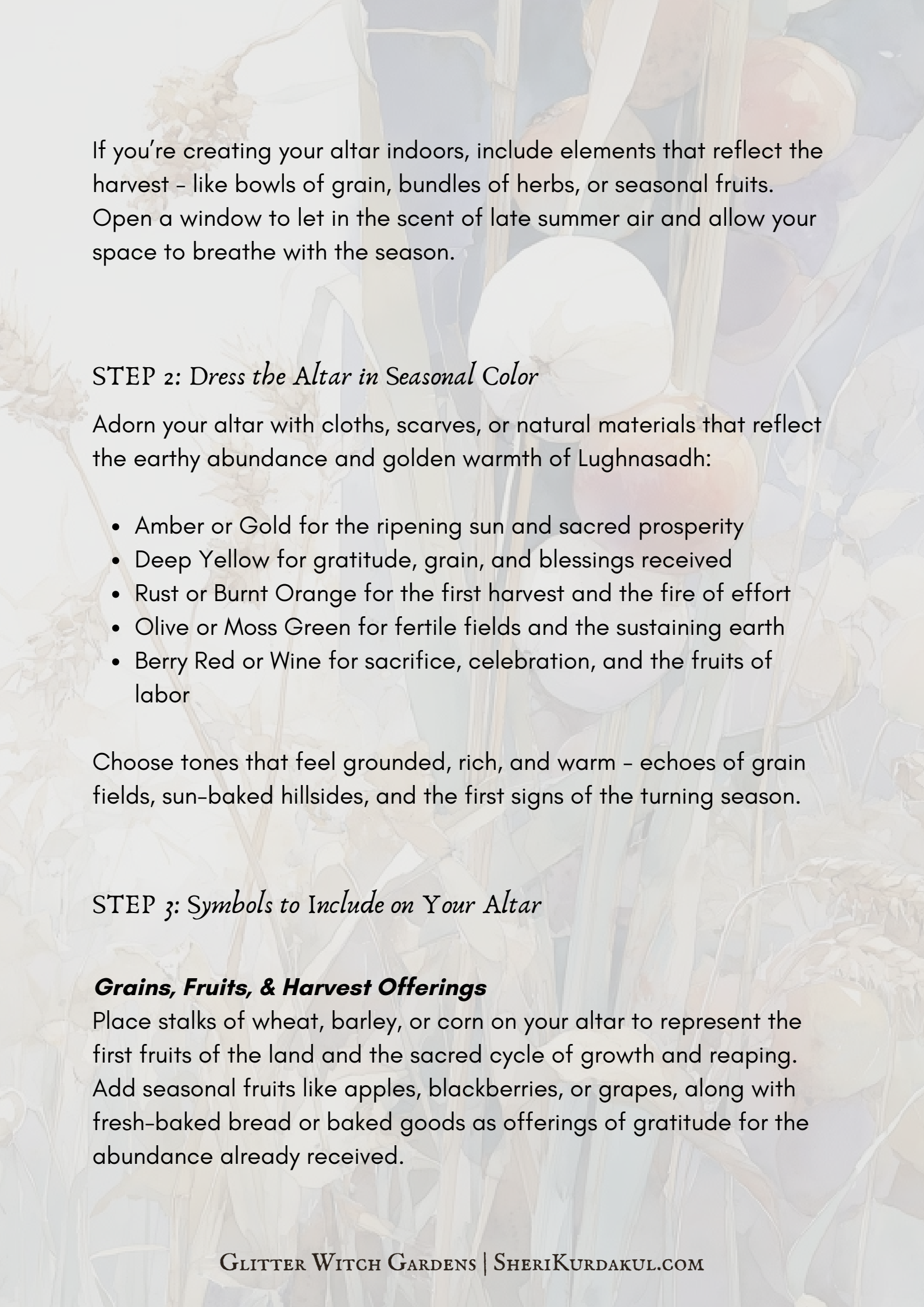
Creating a Lughnasadh altar is a powerful way to mark this turning of the wheel—anchoring your rituals in the energy of early harvest and inviting reflection, abundance, and reverence into your space. It also serves as a grounded center for seasonal spellwork, offerings, and intention-setting.

Here's how to set the stage for your First Harvest magic:

STEP 1: Choose Your Altar Space

Select a spot that feels rooted, abundant, and connected to the rhythms of the earth. This could be a corner of your kitchen where you bake, a garden space rich with growing things, a shady grove, or even a tabletop filled with harvest bounty.

Lughnasadh is deeply tied to the Element of Earth, with hints of Fire lingering from the summer sun and the sacred labor it inspires. Choose a space that feels nourishing, steady, and aligned with the spirit of gratitude and gathering.



If you're creating your altar indoors, include elements that reflect the harvest – like bowls of grain, bundles of herbs, or seasonal fruits. Open a window to let in the scent of late summer air and allow your space to breathe with the season.

STEP 2: *Dress the Altar in Seasonal Color*

Adorn your altar with cloths, scarves, or natural materials that reflect the earthy abundance and golden warmth of Lughnasadh:

- Amber or Gold for the ripening sun and sacred prosperity
- Deep Yellow for gratitude, grain, and blessings received
- Rust or Burnt Orange for the first harvest and the fire of effort
- Olive or Moss Green for fertile fields and the sustaining earth
- Berry Red or Wine for sacrifice, celebration, and the fruits of labor

Choose tones that feel grounded, rich, and warm – echoes of grain fields, sun-baked hillsides, and the first signs of the turning season.

STEP 3: *Symbols to Include on Your Altar*

Grains, Fruits, & Harvest Offerings

Place stalks of wheat, barley, or corn on your altar to represent the first fruits of the land and the sacred cycle of growth and reaping. Add seasonal fruits like apples, blackberries, or grapes, along with fresh-baked bread or baked goods as offerings of gratitude for the abundance already received.

Candles or Hearth Symbols

While the sun begins its descent, the flame still holds power. Use candles in earthy tones – gold, rust, or deep orange – to represent the fire of transformation and the enduring light of sacred labor. Light them in thanks for strength, sustenance, and the energy that fuels your path.

Harvest & Seasonal Symbols

Display items that honor the ripening of the land, the turning of the wheel, and the sacred relationship between effort and abundance.

Ideas include:

- Wheat stalks, corn husks, or grain bundles – symbols of the harvest and earth's generosity
- A bowl of berries, apples, or seasonal fruits – offerings of first-fruit gratitude
- Sunflowers, oak leaves, or handmade corn dollies – honoring fertility, protection, and prosperity

Crystals

Choose stones aligned with Lughnasadh's grounded, abundant energy, such as: **Carnelian** (motivation and vitality), **Citrine** (abundance and gratitude), **Tiger's Eye** (endurance and balance), and **Moss Agate** (connection to land and growth). Place them on your altar or carry them in ritual to align with the energies of the season.

Personal Tokens

Include symbols of your labor and growth this year – such as journal entries, gratitude notes, a list of goals harvested or still growing, handmade crafts, or any other tokens that feel meaningful to you.

Magical Tools

Any tools you use during ritual may be placed here – a mortar and pestle, wand, chalice, incense burner, or anointing oils. Consider adding a jar of dried herbs, harvested seeds, or infused water blessed under the late summer sun for use in seasonal spellwork.

STEP 4: Invite the Magic In

Once your altar is complete, take a moment to center yourself. Ground your energy, breathe deeply, and connect with the turning of the season.

Now, light a candle in honor of the first harvest and the sacred effort that made it possible, and consecrate your altar for Lammas by reciting the following charm:

*By grain and sun, by root and rain,
I honor harvest, loss, and gain.
With golden loaf and berry wild,
I bless this space, both fierce and mild.
Let labor's fruit be held with grace,
Let gratitude infuse this place.
Kin unseen and spirits kind,
I call you here, to golden fields grown high.
This altar holds both toil and cheer
A sacred space as Lammas nears.
So mote it be, this rite is spun,
By blessed hand and setting sun.*

Now that your altar is consecrated, you might recite a harvest chant, write in your journal, visualize golden grain and amber light surrounding your space, or simply sit in stillness, feeling the deep nourishment of the earth rise to meet you.

Your altar is both an offering and a reflection—a living symbol of gratitude, effort, and sacred reciprocity.

You've set up your Lughnasadh altar as a hearth of gratitude, a space for sacred reflection, and a seasonal sanctuary to honor the fruits of your labor.

Return to it in the days to come to give thanks, release burdens, tend intentions, or simply rest in the warm, generous stillness of the harvest season.





Lughnasadh

Simple Charms & Rituals

Lughnasadh

Simple Charms & Rituals

As the fields ripen and the first fruits are gathered, Lughnasadh offers a sacred pause to honor the labor behind the harvest.

It's a potent time to craft a charm or perform a simple ritual – gestures of gratitude and magic woven with grain, sun-warmed earth, and the quiet wisdom of the turning wheel. These small acts connect us to the rhythms of the land and the blessings born of effort, intention, and care.

Fruit of Your Labor Spell Jar

Theme: Manifestation, Recognition of Effort

Materials Needed:

- Small jar with lid
- Dried fruit (apple slices, berries, raisins)
- Small paper scroll listing a recent accomplishment or labor
- A coin (for prosperity)
- A pinch of cinnamon or nutmeg

Create It:

Add the dried fruit to your jar as a symbol of sweetness and reward, roll up the scroll with your accomplishment and place it in the jar. Drop in the coin and spices, and hold the jar in front of you and say:

*From seed to fruit, the wheel turns true,
I honor what my hands can do.
With grateful heart and grounded pace,
I walk in rhythm, time, and grace.
The work is sacred, old, and wise—
A harvest born beneath these skies.*

Seal the jar and place it where you'll see it often—your desk, kitchen, or altar. Open it at Mabon to reflect and give thanks again.

Harvest Flame Release Ritual

Theme: Letting Go, Making Space for What's Next

Materials Needed:

- Candle (amber, brown, or black)
- Paper and pen
- Fire-safe dish or cauldron
- Matches or lighter

Perform It:

Write down something you've been carrying that's run its course – a belief, a fear, a habit, etc.

Light your candle and say:

*As grain falls to the scythe,
So too must I release this unnecessary...(belief, fear, habit, etc)*

Feed the paper to the fire in your fire-safe dish, watching the flame consume it. Breathe deeply and exhale as you envision the energy returning to the earth, then inhale as you envision it flowing back to you cleared and transmuted.

Sunset Field Walk

Theme: Connection to the Land, Seasonal Attunement

Materials Needed:

- None, though you may want to carry a small pouch or basket with you to carry any collected items

Perform It:

Take a walk at or near sunset through a field, garden, or any natural outdoor space. As you walk, silently name what you're harvesting in your life right – successes, insights, shifts, growth, etc.

Gather a few small items that call to you as you walk. Perhaps a grain head, berries, a feather, stones, seed pods, an interesting twig, etc. Whisper your thanks to the land, the plants, or the creatures that these items came from as you collect them.

At home, place these items on your altar as a temporary nature offering, reciting this charm as you do:

*Blessings gathered, gifts of land,
Offered now by grateful hand.
Field and flower, seed and stone—
I give my thanks for what you've shown.
May this harvest light my way,
Through dusk and dream and waning day.*

As the first fruits are gathered and the fields grow golden, the magic of Lughnasadh invites us to honor the sacred balance of effort and reward. Whether you bake bread, offer thanks, or walk among ripening fields, these simple acts become sacred threads in the great weaving of the turning wheel.



You, too, are ripening in your own time.





Incense

*A Lammass Blend:
Smoke of the First Harvest*

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM

Incense

A Lammmas Blend: Smoke of the First Harvest

As the sun begins its slow descent and the fields sway heavy with ripening grain, Lughnasadh calls us to honor the sacred exchange between land and labor, effort and reward.

Burning a handmade incense blend during this sabbat is a powerful way to connect with the spirit of the season. Let the rising smoke carry your gratitude to the land, mark the turning of the wheel, and prepare your space for reflection, celebration, and release.

This loose incense blend can be burned on a charcoal disc or added to a fire or cauldron during ritual.

Magical Ingredients & Their Meanings

Wheat Straw or Oat Straw (Dried)

Symbolizes the harvest, abundance, and sacred labor.

Rosemary

Protection, remembrance, and honoring the work of the past season.

Orange Peel (Dried)

Success, solar energy, and vitality from the sun's waning strength.

Calendula (Marigold)

Joy, healing, and sacred offerings to the sun and land spirits.

Bay Leaf (Crushed)

Achievement, strength, and the rewards of perserverance.

Sandalwood (Powder or Chips)

Grounding, spiritual connection, and honoring the turning of the wheel.

A Few Drops of Honey (or Dried Apple Bits)

Sweetness of life, gratitude, and the fruit of your labor.

For your blend you'll need:

- 3 parts Wheat or Oat Straw
- 1 part Rosemary (dried)
- 1 part Calendula Petals
- 1 part Chamomile Flowers
- ½ part Crushed Bay Leaf
- 1 part dried Orange Peel
- 1 Part Sandalwood Chips or Powder
- 1 Part Dried Apple Bits, or 2-3 drops of Honey (if using honey, add it last and mix well).

What's a "part"? It's any unit of measurement you choose to use. For example, a part could be a weight or a unit of measurement, like a tablespoon. So if you're using tablespoons, 2 parts = 2 tablespoons, ½ part = ½ tablespoon, etc.

How to Craft Your Incense

Begin with Intention:

As you gather your ingredients, set your space. Light a candle, play music that speaks to your intent, or open a window to let in the harvest season air.

Blend the Dry Ingredients:

Add each herb one at a time into a bowl. If needed, use a mortar and pestle to gently grind tougher ingredients (like sandalwood chips and orange peel) first. As you mix, stir in a clockwise motion, focusing on what you're grateful for and what you're ready to celebrate or release.

State Your Intent:

As you stir the mixture, speak this charm to seal your intent:

*By sunlit grain and harvest fire,
By labor's breath and heart's desire,
This blend I craft with hand and will,
To honor work and time made still.
Let smoke rise high and spirits near,
To bless the fruits of this turning year.
With thanks I give, with roots held fast,
This magic stirs and now is cast.*

So mote it be.

How to Use Your Incense

Place a pinch of your Lughnasadh incense on a lit charcoal disc inside a heat-safe vessel such as a small cauldron or incense burner.

Let the smoke rise during your Lammas rites—whether you're basking in the sun, crafting a charm, or offering gratitude for the abundance around you.

The fragrant cloud becomes an offering to your intentions, to the ripening fruits and fields, and to the sacred labor of harvest.

Storing Your Blend

Store your incense in a glass jar with a tightly sealed lid. Label it with the name of the blend, its purpose, and the date it was crafted.

For future reference, make sure you record the recipe in your grimoire or Book of Shadows, along with any results or insights that arose during use.

This way, the wisdom and magic can be revisited year after year—just like the roots of a Hawthorn tree, planted under a Beltane moon.

A lit candle in a wooden holder, surrounded by dried flowers and crystals, creating a warm and magical atmosphere. The candle is the central focus, with its flame glowing brightly. The background is softly blurred, showing more of the same elements, enhancing the mystical feel.

Candle Magic

*Correspondences & a Ritual for
Lughnasadh*

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM

Candle Magic

Lughnasadh Color Correspondences

Candle magic, steady and grounding, glows with quiet power as the first fruits are gathered and the sun begins its slow descent. Lughnasadh is a season of gratitude and sacred labor, when the flames we light reflect not just celebration, but reverence for what has been earned through effort and care.

Embrace the spirit of the First Harvest by working with candle colors that honor abundance, perseverance, and the turning wheel. Let them guide your magic—whether for manifestation, release, protection, or thanksgiving—and feel free to infuse your own meaning, weaving old ways with the wisdom of your lived experience.

GOLDEN YELLOW: *Gratitude, joyful reflection, clarity of purpose, honoring solar deities like Lugh, illumination of effort, and the steady light of ripening days.*

SUNSTONE ORANGE: *Creative fruition, motivation, celebratory energy, confidence in your craft, sacred drive, and the fire that fuels meaningful work.*

RICH RED: *Strength through perseverance, courage in the harvest, embodied passion, life force made manifest, action taken with heart, and the sacred fire of labor.*

BRILLIANT GREEN: *Prosperity, continued growth, deep connection to the land, fertility of ideas and projects, heart-aligned purpose, and earth's living abundance.*

DEEP GOLD or METALLIC GOLD: *Lugh's brilliance, divine craftsmanship, blessings of the sun's remaining power, success earned, and the sacred light of skill and sacrifice.*

COPPER / BRONZE: *Ancient solar magic grounded in earth, strength forged through time, manifestation through work, and the resilient fire of late summer.*

CLEAR WHITE: *Ritual purity, focused gratitude, connection to divine timing, sacred space-keeping, and clarity as the wheel begins to turn inward.*

SUNFLOWER YELLOW: *Cheerful resilience, optimism during transition, solar joy, playful celebration of the harvest, and mental brightness born from gratitude.*

BROWN / AMBER: *Stability of the earth, protection of hard-won abundance, wisdom rooted in the land, and honoring the sacred cycles of sowing and reaping.*

BRIGHT BLUE: *Truth in transition, open-hearted communication, balance during seasonal shift, and cooling clarity as the sun begins to wane.*

AMETHYST or LAVENDER PURPLE: *Insight during turning times, spiritual reflection, dreamwork for integration, and connection to ancestral guidance through the harvest cycle.*

BLACK (used sparingly): *Protection, grounded endings, sacred boundaries, honoring the coming shadow, and transformation through intentional release.*



Candle Magic

A Lammass Candle Ritual

Flame of the First Harvest

Purpose:

To honor the sacred labor of the season, give thanks for what is ripening in your life, and call forward continued abundance, clarity, and inner strength for the journey ahead.

What You'll Need:

- A candle in a harvest-aligned color (amber, gold, rust, deep green, or brown)
- A fire-safe dish or candle holder
- A small piece of paper and pen
- Optional: A few drops of Solar Harvest Oil (or essential oil such as rosemary, cinnamon, or clove)
- A quiet space, ideally near your Lughnasadh altar or somewhere connected to the land

Step 1: Ground & Center

Find stillness and take a few grounding breaths. Visualize roots growing from the soles of your feet, anchoring you deep into the earth. Feel the steady rhythm of the season—rich, abundant, and humming with effort rewarded.

Step 2: Anoint & Prepare

If using oil, dress the candle by anointing it from base to wick, symbolizing the movement from rooted labor to rising light. As you do this, speak (aloud or silently):

*With this flame, I honor what
has come to fruition. May the
work of my hands and heart be
blessed and nourished.*

Step 3: Write & Ignite

On your paper, write down one thing you are grateful for that is “ripening” in your life, and one intention you wish to continue nurturing. Fold the paper and place it beneath the candle holder. Light the candle and say:

*By grain and flame, by seed and sun,
The turning wheel and work begun,
I honor what my hands have grown,
And call what's mine to now be known.*

Step 4: Reflect in the Glow

Sit with the candle for a few minutes. Visualize your gratitude and intention as a golden field stretching out before you—lush, expansive, and ready for the next phase of growth. Feel your own inner strength rising from this fertile place of effort and care.

You may wish to journal, hum softly to amplify the energy, or simply rest in the glow.

Allow the candle to burn fully if safe, or extinguish it respectfully and relight over the coming days until it's complete.

Optional Additions:

- Burn your Lughnasadh Harvest Incense during the ritual
- Place a piece of carnelian, citrine, or moss agate on top of the folded paper to charge the intention
- Seal the spell by burying the paper in your garden or placing it near stored grains or bread as an offering
- If working outdoors, scatter bread crumbs or dried herbs as thanks to the spirits of the land

As the flame flickers and the fields turn gold, remember:

You are the harvest.

You are the fruit of your own sacred labor.

Let this light carry you toward what is yet to come – with gratitude, strength, and the steady rhythm of the earth beneath your feet.



Lughnasadh

Tarot or Oracle Spread



The Harvest Within

A Lughnasadh Tarot/Oracle Spread to reflect on what is ripening in your life, what's been hard-earned, and what must now be released or carried forward as the wheel turns.

Lughnasadh

Tarot or Oracle Spread

I) *The Seed I Planted*

(What intention, effort, or lesson did I begin earlier this year that is now showing signs of growth?)

Card Drawn:

A background image of a field with tall grass and a blue sky with clouds, overlaid with horizontal ruling lines. The image is a watercolor-style illustration of a field with tall grass and a blue sky with clouds. The field is in the foreground, and the sky is in the background. The ruling lines are horizontal and black, spaced evenly across the page.

Lughnasadh

Tarot or Oracle Spread

2) *What is ripening?*

What is coming to fruition in my life? What am I beginning to see results from—physically, emotionally, spiritually?

Card Drawn:

The image shows a page with horizontal ruling lines. The background is a soft, painterly illustration of a landscape. On the left, there are tall, thin stalks of grass or reeds. In the center and right, there's a field of shorter, golden-brown grass. In the far distance, there are silhouettes of trees and a pale sky. The overall color palette is muted, with earthy tones like beige, light brown, and soft blues/greys. The ruling lines are thin and black, spaced evenly across the page.

Lughnasadh

Tarot or Oracle Spread

3) *The labor behind the bloom.*

What work, sacrifice, or perseverance brought me here? What inner or outer effort do I need to acknowledge and honor?

Card Drawn:

Lughnasadh

Tarot or Oracle Spread

4) *What to release with gratitude.*

What has served its purpose and now needs to be released with grace? What weight can I set down as the season shifts?

Card Drawn:

A watercolor illustration of a forest scene, featuring various shades of green, brown, and blue, suggesting trees and foliage. The illustration is overlaid with horizontal lines, providing a template for writing.

Lughnasadh

Tarot or Oracle Spread

5) *What should I tend through the coming season?*

What still needs care, patience, or focus as we head into the darker half of the year?

Card Drawn:



Lughnasadh

Journal Prompts

*What am I harvesting right now—in my
life, my work, or my inner world?*

Lughnasadh marks the first harvest—use this moment to recognize what's come to fruition through your energy and intention.

This sabbat honors sacred labor—acknowledge the inner effort and unseen work that has shaped your current season.

A watercolor illustration of a large, light blue ceramic urn with two handles, sitting on a bed of dry leaves and grass. The background is a soft, painterly landscape with more foliage and a hint of a path.

Harvest is both gathering and letting go. Reflect on what no longer serves you, and how releasing it makes space for what's next.

A watercolor illustration of four faceted gemstones resting on a stone surface. Two of the stones are green, and two are blue. The background features a stone wall and lush green foliage. The style is soft and painterly, with visible brushstrokes and a gentle color palette.

What blessings have I received that I may have overlooked?

Gratitude is central to Lughnasadh—take time to honor the small victories, quiet joys, and unexpected gifts that deserve recognition.

A watercolor illustration of a forest scene. In the foreground, there are various flowers and plants in shades of purple, blue, and green. A path leads through the forest, flanked by tall, slender trees with light-colored bark. The background is filled with more trees and foliage, creating a sense of depth. The entire image is overlaid with horizontal lines, suggesting it is a template for writing.

As the light begins to wane, what dreams, goals, or soul work still ask for your attention and care in the season ahead?

A watercolor illustration of a forest scene. The background features tall, slender trees with light-colored bark and dense green foliage. In the foreground, there are large, light-colored rocks or boulders. The entire image is overlaid with horizontal ruling lines, suggesting it is a template for writing.



Lughnasadh

Setting Intentions

A watercolor illustration of a forest scene. In the foreground, there are several white, daisy-like flowers with green stems and leaves. The background features a blue sky with soft, white clouds. The entire image is overlaid with horizontal lines, indicating it is a template for writing.



A still life composition featuring a deer skull with antlers as the central focus. The skull is positioned on a dark surface, surrounded by autumnal decorations including a small lit candle in a wire cage, a small pumpkin, and various dried flowers and leaves. In the background, several tall, lit candles in purple holders create a warm, bokeh effect. The overall mood is mystical and seasonal.

*“Die tonight to be reborn again in the
fire of Lugh.”*

Anuj Elviis



Sheri Kurdakul LLC

*Reclaiming the magic in our lives through herbal and mystical
education, events, tools, and community for wellbeing.*

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM