

A woman with curly hair is lying down in a field of wildflowers, her face resting on the ground. She is wearing a white, sheer, ruffled garment. The scene is bathed in warm, golden light, suggesting late afternoon or early morning. The background is a soft-focus field of various wildflowers.

The
Enchantment of
MIDSUMMER

A GUIDE TO CELEBRATING THE
SUMMER SOLSTICE

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM

Unveiling the Essence of **MIDSUMMER**

The sun rides high and golden in the sky, stretching its rays across fields lush with ever-ripening crops and wildflowers at their peak. Trees stand tall in full leaf, buzzing with bees and drowsy with the warmth of long days.

The scent of herbs and sun-warmed earth rises on the breeze, and the land feels rich, full, and alive. This is the season of fullness - when nature, now fully awakened, reaches her zenith.

The light has returned in full glory, and the days are at their longest. Everything pulses with energy, possibility, and the quiet promise of eventual harvest.

Each year around June 20-22, or December 20-22 in the Southern Hemisphere, the Summer Solstice arrives, known to many as Litha or Midsummer.

It is a solar celebration, honoring the height of the sun's power and the turning point where light begins to slowly give way once more to shadow.

Litha is a holy time, a fire festival that marks the tipping point of the wheel. Though the days are longest now, we stand on the threshold of waning light, and the year begins its subtle descent into darkness.

For many in Pagan traditions, Litha is a celebration of power, passion, and the radiant energy of the sun at its peak. It's a time to honor the Sun God, to give thanks for growth and abundance, and to celebrate the vital spark of life that dwells within all things.

In some Pagan traditions, this is the moment of the great battle between the Oak King and the Holly King. The Oak King, who has reigned since Winter Solstice, reaches the height of his power at Midsummer - only to be vanquished by the Holly King, who will now rule as the days begin to shorten. Their eternal dance of light and shadow, waxing and waning, reflects the sacred rhythm of the year.

This is also a time to honor the Great Goddess in her aspect as full, fertile Mother - heavy with life, crowned with blossoms, and radiant with creation. She ripens alongside the fields and orchards, offering her blessings to all who live in harmony with the land.

It is a time to gather herbs at their most potent, to light bonfires in honor of the sun, to weave flower crowns and dance barefoot on sun-warmed earth. Offerings of wine, bread, and summer fruits may be left for the spirits of the land in gratitude.

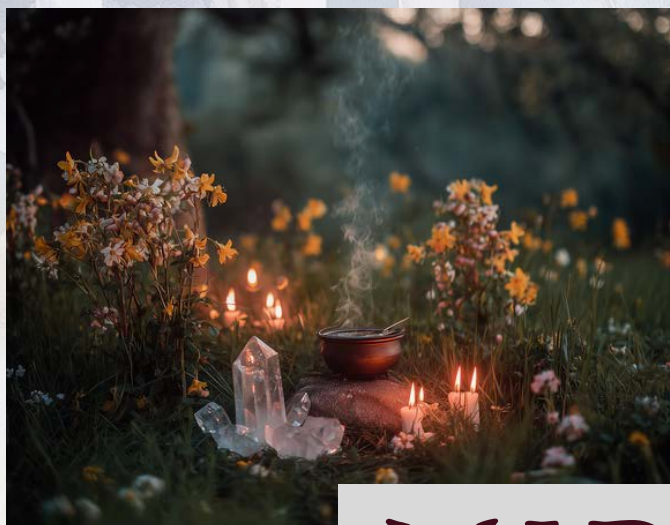
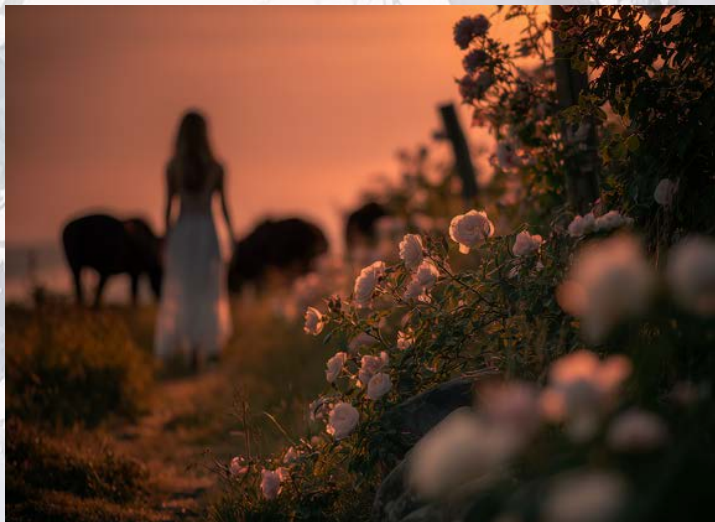
This is a season of enchantment, when the world shimmers with the heightened magic of midsummer. The veil is said to thin once more, and the Fae are near - mischievous, curious, and drawn to laughter, song, and light.

The air vibrates with life force and ancient joy - and if we attune ourselves, we may feel the thrum of something deeper calling us into celebration, into reverence, into communion.

Through ritual, reflection, firelight, or feasting, Litha invites us to stand in our own radiant truth, - to acknowledge the light we carry, the passions that fuel us, and the ways we are co-creating the world with every breath and action.

As the wheel turns again, the Summer Solstice reminds us that light is a gift, growth is sacred, and we are woven into the rhythm of the sun, the land, and the great cosmic dance of becoming.





MIDSUMMER



Midsummer

The Festival of the Summer Solstice

The Summer Solstice - also called Litha or Midsummer - is the fifth of the pagan sabbats, one of the eight sacred spokes on the Wheel of the Year.

This ancient wheel reflects the ever-turning rhythms of nature, offering moments to honor both the cycles of the earth and the deeper currents of our spiritual lives.

Litha's placement at the height of summer marks a moment of radiant power: it is a festival of sun and fire, when the light reigns supreme and the natural world is alive with fullness and abundance.

As the sun reaches its highest point in the sky and the days stretch to their longest, the Summer Solstice celebrates the peak of vitality - a moment to honor strength, growth, and the bright fire of the spirit before the slow turning toward the darker half of the year begins.



“In the Dianic tradition, [the Summer Solstice] is a celebration of the Goddess’s power of fire. Hestia, Vesta, Pele, Artemis, and Brigid are specifically honored. The Great Goddess is in her full mother aspect. She is the full moon of summer.”

Sandra Kynes

Midsummer

Correspondences & Symbols

DATE: On or around June 21st in the Northern Hemisphere

CUSTOMS: *Lighting bonfires, nightlong vigils, herb gathering, handfastings, feasting and ritual, magic and divination, honoring the Mother's fullness, creating garlands of St. John's Wort to be placed for protection over doors and windows.*

FOCUS INTENT: *Celebrating the Sun's power, abundance, and the height of life and energy, balance, prosperity, growth, the culmination of efforts made during spring.*

ELEMENT: Fire

TAROT CARDS: *The Sun, The Chariot, Page of Cups*

DIETIES: *Oak King, Holly King, Father Sun, Aphrodite, Astarte, Freya, Ishtar, Gaia, Goddess of the Wells*

HERBS: *Mugwort, Chamomile, Yarrow, Fennel, Thyme*

FOODS: *Honey, Fresh Vegetables, Summer Squash, Mead*

CRYSTALS: *Lapis Lazuli, Emerald, Tiger's Eye, Citrine, Amber*

ANIMALS: *Horses, Cattle, Wren, Satyrs, Dragon*

FLOWERS: *Wild Rose, Lily, Cinquefoil, Larkspur, Wisteria*

COLORS: *Gold, Green, Blue, Yellow, Red*

SYMBOLS: *Sun Wheel, Oak, Birch, Feathers, Witches' Ladder*

Midsummer

Ways You Can Celebrate



Midsummer

Ways You Can Celebrate

SET UP A LITHA ALTAR: *Create a space that honors the sun at its zenith and the abundant earth in full bloom. Adorn your altar with sunflowers, herbs like St. John's Wort, citrine or amber crystals, and symbols of solar energy and growth. Offer summer fruits, mead, or herbal tea to the spirits of the land or solar deities in gratitude for the season's blessings.*

DECORATE: *Infuse your home and garden with the richness of midsummer. Use bright, sun-soaked colors like gold, orange, yellow, and green to reflect vitality and light. Decorate with herbs, dried citrus slices, and woven garlands or floral crowns to celebrate the fullness of life.*

FIRE MAGIC: *Light a bonfire, fire pit, or even a simple candle to honor the power of the sun. Fire rituals at Litha are traditionally used to energize goals, burn away limitations, and give thanks for light and warmth. Write down a wish or intention and cast it into the flame to be carried on the smoke.*

Midsummer

Ways You Can Celebrate

DIVINATION: Seek insight into your path for the remainder of the year. Try a sun-themed tarot spread, use a pendulum in the garden, or scry in a bowl of water under the light of the setting sun. Pay attention to signs in nature - feathers, animals, or sudden breezes - as messages from the unseen.





The Longest Day

*Honoring the Peak of the
Sun's Power*

GLITTER WITCH GARDENS | [SHERIKURDAKUL.COM](https://www.sherikurdakul.com)



The Longest Day

**HONORING THE
PEAK OF THE SUN'S
POWER**

Ah, golden Litha! The sun-drenched crown of the turning wheel, blazing with light and humming with life.

In ancient European traditions, the Summer Solstice marked the height of the sun's power – a time when the Oak King reigns supreme, just before his light begins to wane. It is a sabbat of fire and fullness, when the natural world is overflowing with vitality and the promise of harvest glows just on the horizon.

Bonfires were lit on hilltops to honor the sun and encourage protection and prosperity. Midsummer herbs were gathered at their most potent, and charms were cast into the flames or water to bless the coming months. This was a time to celebrate abundance, solar deities, and the sacred dance between light and dark.

Today, modern pagans and witches honor Litha as a celebration of strength, growth, and the brilliance of life in full bloom. We revel in the long light, give thanks for abundance, and prepare for the slow return of shadow.

Here's how you can make your own Litha magic:

Crafting Sun Wheels or Wreaths: Create a sun wheel or floral wreath from herbs, flowers, and vines. Hang it on your door or place it on your altar to honor the energy of the sun and the turning of the year.

Lighting the Midsummer Fire: Bonfires remain central to Litha. If you can't build one, light a candle with intention. Fire at the Solstice is used for purification, renewal, and energizing desires. Write a wish and send it into the flame—or into water by sunlight.

Gathering Magical Herbs: This is the most powerful time to harvest herbs like St. John's Wort, mugwort, rosemary, and lavender. They are said to be at their peak potency on Midsummer's Day. Use them for spellwork, teas, or to make protective charms.

Honoring the Fae: Just as at Beltane, the veil between worlds is said to thin at Midsummer. The Fae may be active and watching. Leave offerings of berries, bread, or cream near trees, stones, or garden corners to show respect and invite blessings.

Celebrating the Light Within: Litha is a time to shine. Acknowledge your inner fire by doing something that lights you up—dance wildly, create freely, soak in the sun, or host a summer feast with friends. This is a sabbat of celebration, not restraint.

Litha today is a luminous turning point, a sacred pause between what is growing and what is ripening. It reminds us that light is a gift, joy is an offering, and our own radiant energy is part of the great cosmic dance that turns the wheel ever onward.



Altar

A Simple Midsummer Altar

Altar

A Simple Midsummer Altar

Litha is a sabbat of radiant light, solar power, and the sacred height of life in full bloom. It honors the sun at its peak, the earth at her most abundant, and the eternal balance between light and shadow. It's a celebration of strength, vitality, and the golden magic that hums through the land when the days are longest.

Creating a Midsummer altar is a powerful way to mark this fiery midpoint of the year—anchoring your rituals in the energy of high summer and inviting clarity, growth, and gratitude into your space. It also provides a focused place for seasonal spellwork and intention-setting.

Here's how to set the stage for your Midsummer magic:

STEP 1: Choose Your Altar Space

Select a spot that is sunlit and feels sacred. This could be a sunny windowsill, a garden altar, a firepit patio, or even a patch of grass where you can stretch out and soak in the light.

Litha is closely connected to the Element of Fire and also the Element of Earth, grounding the sun's power in the richness of the land, so choose a space that feels open, warm, and alive.

If you're setting up indoors, let the sunshine in! Open a window or pull back the curtains to allow the sunlight to bathe your altar space.

STEP 2: *Dress the Altar in Seasonal Color*

Decorate your altar with cloths, scarves, or natural materials in Litha's traditional colors:

- Gold for the sun at its peak
- Yellow for joy, clarity, and illumination
- Orange for creativity and vibrant energy
- Green for abundance and the richness of the earth
- Red for strength, courage, and vitality

STEP 3: *Symbols to Include on Your Altar*

Sunflowers, Herbs & Greenery

Gather sunflowers, St. John's Wort, mugwort, lavender, or any herbs and blooms at their peak. These honor the fullness of the earth and the healing, life-giving power of the sun. Even a handful of clover, mint, or wild thyme in a jar channels Midsummer's magic.

Candles or Fire Symbols

Litha is a fire festival at its core. Place candles in gold, yellow, or orange on your altar to represent the blazing strength of the sun. Light them with gratitude and intention—they reflect both illumination and transformation.

Symbols of the Sun

Include solar imagery such as sun wheels, discs, or spirals. Gold coins, dried citrus slices, or amber stones can stand in as radiant symbols of warmth, prosperity, and light.

Solar & Seasonal Symbols

Display items that honor the power and fullness of the sun and the richness of the earth at Midsummer.

Ideas include:

- Sun wheels, discs, or spirals
- Oak leaves, acorns, or small bundles of harvested herbs
- A bowl of summer fruits or dried citrus slices to represent abundance

Crystals

Choose stones aligned with Litha's radiant energy, such as sunstone (joy and vitality), citrine (clarity and success), amber (solar energy and protection), or tiger's eye (courage and balance). Place them around your altar or carry them in ritual.

Personal Tokens

Include items that reflect your growth, goals, or gratitude for the season—journal pages, intention scrolls, charms for strength or healing, or natural treasures gathered on a summer walk.

Magical Tools

Any tools you use during ritual, such as a candle snuffer, wand, incense burner, or chalice. Consider also adding an herb bundle or solar-charged water for seasonal spellwork.

STEP 4: Invite the Magic In

Once your altar is arranged, pause to ground yourself and connect. Light your candle, honoring the sun at its peak. Speak your intentions aloud – what are you grateful for? What do you wish to illuminate and grow in the months ahead?

You might sing, journal, visualize golden light filling your space, or simply sit in stillness and feel the warmth you've summoned. Your altar is both a beacon and a blessing: it shines with your intentions and invites them into reality.

To consecrate your altar for Midsummer, recite the following charm once you've finished setting everything up:

*By sun and stone, by leaf and light,
I call the power shining bright.
With herbs in bloom and amber flame,
I bless this space in summer's name.
Let strength arise, let joy expand,
Let golden magic touch the land.
Spirits kind and guardians near,
I welcome all who gather here.
This altar glows with warmth and grace—
A sacred, sun-kissed, holy place.
So mote it be, as light bestows,
The Solstice fire within me grows.*

Set up your Litha altar as a radiant celebration, a sun-drenched sanctuary, and a sacred space to honor the fullness of life at its peak.

Return to it throughout the season to reconnect with your light, offer gratitude, or simply bask in the golden stillness of the earth.

A romantic midsummer night scene featuring a bouquet of white daisies and a lit candle in the foreground. In the background, two people are seen in silhouette, holding hands and dancing near a body of water that reflects warm, glowing lights. The overall mood is magical and serene.

Midsummer

Simple Charms & Rituals

YOUR BUSINESS NAME | YOUR WEBSITE

Midsummer

Simple Charms & Rituals

As the sun crowns the sky and the earth overflows with life, it's the perfect moment to craft a charm, or perform a simple ritual, steeped in the golden essence of Midsummer, radiant offerings woven with sunlight, herbs, and high summer magic.

Sun Mirror Charm – Reflecting the Light Within

Create a small charm using a mirror or a shiny coin to capture and reflect solar energy. This charm can be used for confidence, clarity, or inner illumination.

Materials:

- Small mirror or coin
- Yellow or gold ribbon
- A few drops of sun-charged oil (like lemon or rosemary)

Basic Spell Concept:

Cleanse and anoint the object, then say a charm to invoke the sun's energy as you tie it in yellow ribbon. Carry it with you when you need to shine or be seen.

*"By golden light and summer flame,
I call the sun and speak my name.
Shine within and all around,
Let my brightest self be found."*

Herb Bundle of Strength & Blessing

Create a bundle of midsummer herbs to hang near your doorway or altar for protection and prosperity through the second half of the year.

Suggested Herbs:

- St. John's Wort (for protection)
- Lavender (for peace)
- Rosemary (for strength and clarity)
- Mugwort (for dreams and vision)

Create It:

Tie the bundle with red or gold twine and pass it through incense or over a flame while speaking a blessing.

*"Bound by bloom and summer's grace,
Guard this home, protect this space.
With herb and leaf, with stem and sun,
Let peace and strength be ever won."*

Solstice Fire Charm - As the Light Reaches High

Write an intention on a slip of paper—something you want to grow through the remainder of the year. Safely burn it in a small fire or candle flame while focusing on transformation and gratitude.

Great For:

- Releasing what no longer serves
- Fueling a long-term goal
- Celebrating personal growth

Fae Whimsy Jar

Honor the Fae during Litha by creating a tiny "whimsy jar" filled with wildflowers, glitter, herbs, and shiny trinkets. Leave it at the edge of a garden, in a tree, or on a windowsill as a charm for enchantment and connection.

Include a rhyme or spoken blessing to invite curiosity and goodwill from the unseen folk.

*"Tiny gifts and summer's gleam,
Whispers soft as faery dream.
Bless this space with joy and cheer,
Spirits kind, you're welcome here."*

Solar Infusion

Infuse oil (coconut oil, olive oil, or jojoba are great for this) with dried herbs and a crystal by leaving it in the sun on the Solstice.

Suggested Ingredients:

- Orange peel, calendula, chamomile (dried herbs are best)
- Clear quartz or citrine
- A glass bottle or jar

Create It:

Add your dried herbs and crystals to your jar. Pour oil over them to cover, reciting a charm as you do so. Leave to infuse in the sun on the Solstice.

*"Sun above, so bold and bright,
Bless this blend with golden light.
Infuse with joy, with fire, with grace—
A touch of Sol in every place."*

Use this infusion for cleansing, energizing, or invoking joy when the days grow dark again. Use this sun-charged blend for anointing candles, tools, or yourself during future rituals. Store in the refrigerator.



As the sun stands still at its highest point, the magic of Midsummer invites us to co-create with the vibrant forces of nature. Whether you craft a charm, light a fire, or simply pause to soak in the light, these small acts become sacred ways to honor the turning of the wheel.

You, too, are made of sunlight.





Incense

*A Midsummer Blend for Solar Power,
Sacred Growth, and Radiance*

Incense

A Midsummer Blend for Solar Power, Sacred Growth, and Radiance

As the wheel turns to Litha and the sun reaches its zenith in the sky, it's time to craft an incense blend that honors the light within, channels solar magic, and invites blessings from the bright, abundant heart of summer.

While you can certainly find pre-blended Litha incense, creating your own by hand infuses the work with your energy, focus, and intention – transforming a simple act of blending herbs into a magical rite of connection.

This aromatic blend, Solar Bloom, captures Litha's essence: illumination, strength, vitality, and joy. Its smoke becomes both offering and invocation—rising with the summer heat to honor the sun, the land, and the power of your own becoming.

Magical Ingredients & Their Meanings

Frankincense:

A sacred resin long used in solar rites, frankincense purifies the space and uplifts the spirit. It connects you to divine wisdom and invokes clarity, transformation, and sacred intention.

Rosemary

A powerful herb of protection and remembrance, rosemary sharpens the mind and strengthens energetic boundaries. It also carries solar energy, making it perfect for clarity and vitality during Litha.

Lavender:

Known for its calming, joyful essence, lavender brings peace and inner balance. It supports emotional harmony and opens the heart to midsummer's gentle magic.

Chamomile:

With its sun-like blossoms, chamomile carries the energy of lightness, luck, and restful clarity. It attracts abundance and helps ease tension as you align with the natural rhythm of the season.

Dried Orange Peel:

Radiating happiness, prosperity, and solar abundance, orange peel infuses the blend with brightness and joy. It also attracts success and positive energy to your rituals.

Cinnamon

A fiery spice full of passion and momentum, cinnamon energizes magical workings and stimulates the will. It's ideal for invoking warmth, action, and solar fire.

St. John's Wort (Optional)

Traditionally gathered at Midsummer, this herb is believed to offer protection against negativity and invite the blessings of the sun. It's especially potent when used during the Solstice.

Mugwort (Optional)

A visionary herb, mugwort opens the door to dreams, intuition, and spiritual insight. It's often used in Midsummer blends to deepen divination and connect with the unseen.

For your blend you'll need:

- 1 part Frankincense Resin (crushed if using large tears, or use powder)
- 1 part Rosemary (dried)
- 1 part Lavender Buds
- 1 part Chamomile Flowers
- ½ part Cinnamon (powdered or chips)
- 1 part dried Orange Peel

Optional Additions:

- ½ part St. John's Wort (for protection and solar blessing)
- ½ part Mugwort (for dreamwork and deeper insight)

What's a "part"? It's any unit of measurement you choose to use. For example, a part could be a weight or a unit of measurement, like a tablespoon. So if you're using tablespoons, 2 parts = 2 tablespoons, ½ part = ½ tablespoon, etc.

How to Craft Your Incense

Begin with Intention:

As you gather your ingredients, set your space. Light a candle, play music that speaks to your intent, or open a window to let in the solstice season sun. Let your energy rise like the season.

Blend the Dry Ingredients:

Add each herb one at a time into a bowl. If needed, use a mortar and pestle to gently grind tougher ingredients like Cinnamon or Frankincense. As you blend, whisper the purpose of each herb aloud, breathing your desire into the mixture.

Add Essential Oils (optional):

If you choose to use any essential oils, drop them in slowly, drop by drop, stirring thoroughly after each addition. Allow the scent to grow with each swirl, like the sun's energy peaking at the height of the solstice.

State Your Intent:

As you stir the mixture, speak this charm to seal your intent:

*“Spirits of fire, sun, and seed,
By leaf and bloom, attend my need.
With fragrant smoke, this rite I bless—
Awaken light, invite success.
As Sol stands high and shadows sleep,
Let summer's magic root and keep.”*

How to Use Your Incense

Place a pinch of your Midsummer incense on a lit charcoal disc inside a heat-safe vessel such as a small cauldron or incense burner.

Let the smoke rise during your Litha rites—whether you're basking in the sun, crafting a charm, or offering gratitude for the abundance around you.

The fragrant cloud becomes a sacred offering to your intentions, to the radiant sun, and to the vibrant current of life pulsing through all things.

Storing Your Blend

Store your incense in a glass jar with a tightly sealed lid. Label it with the name of the blend, its purpose, and the date it was crafted.

For future reference, make sure you record the recipe in your grimoire or Book of Shadows, along with any results or insights that arose during use.

This way, the wisdom and magic can be revisited year after year—just like the roots of a Hawthorn tree, planted under a Beltane moon.



Candle Magic

*Correspondences & a Ritual for
Midsummer*

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM

Candle Magic

Midsummer Color Correspondences

Candle magic, timeless and luminous, burns brightest at the height of the sun's power, when the earth is alive with light, warmth, and abundance. The season of Litha invites us to infuse our rituals with the golden hues of joy, vitality, and transformation, echoing the sun filled rhythms of the turning wheel.

Embrace the spirit of the Summer Solstice by working with these radiant candle colors. Let them guide your magic—whether for strength, clarity, protection, or celebration, and feel free to layer in your own meanings, blending ancient tradition with the fire of your inner light.

GOLDEN YELLOW: *Joy, optimism, clarity, connection to solar deities, illumination of truth, energy of the midday sun*

SUNSTONE ORANGE: *Creativity, vitality, celebration, confidence, life force, sacred ambition, summer exuberance*

RICH RED: *Strength, passion, courage, fire energy, empowerment, sacred action, dynamic transformation*

BRILLIANT GREEN: *Abundance, growth, connection to nature, vitality of the earth, heart-centered expansion, prosperity*



DEEP GOLD or METALLIC GOLD: *The Sun God, divine masculine energy, radiant success, blessing, amplified power, sacred light*

COPPER / BRONZE: *Solar grounding, ancient fire energy, strength rooted in earth, solar plexus magic, manifestation*

CLEAR WHITE: *Illumination, sacred clarity, spiritual purity, divine connection, midsummer moonlight, ritual focus*

SUNFLOWER YELLOW: *Laughter, good fortune, childlike wonder, solar blessings, mental sharpness, summer joy*

BROWN / AMBER: *Stability, protection, courage with grace, solar balance, wisdom of the land*

BRIGHT BLUE: *Clarity of thought, open expression, cooling balance to the summer heat, truth spoken in light*

AMETHYST or LAVENDER PURPLE: *Inner vision, spiritual alignment, dreamwork, higher awareness, crown energy illuminated by the sun*

BLACK (used sparingly): *Protective boundary setting, grounding, transmutation, holding space for the shadow side of the light*

Candle Magic

Litha Candle Ritual

Illuminating the Flame Within

Purpose:

To honor the sun, awaken your inner fire, and channel the energy of the Summer Solstice toward a personal goal, intention, or area of growth.

What You'll Need:

- A candle in a color that aligns with your intention
- A fire-safe dish or candle holder
- A small piece of paper and pen
- Optional: Solar Infusion Oil you created in the "Charms & Rituals" section, or an essential oil like lemon, rosemary, or orange to anoint the candle
- A quiet space with sunlight, or near the Litha altar you created

Step 1: Choose Your Flame

Select a candle color that reflects your intention:

- Gold for success or spiritual empowerment
- Green for abundance or physical well-being
- Orange for creativity or joy
- Red for passion or courage
- White for clarity or divine connection
- Purple for intuition or spiritual growth
- (You may also use a tealight if color candles aren't available—your intention is key.)

Step 2: Anoint & Prepare

If using oil, dress the candle by anointing it from the top down to the base while focusing on your goal. As you do this, speak your intention aloud or in your mind—for example:

*“As this flame burns, so does my
desire to [state your intention].
Let it grow strong, radiant, and
true.”*

Step 3: Write & Ignite

Write your intention or goal on a small piece of paper. Fold it and place it beneath your candle holder. Then, light the candle and say:

*“By Sol’s bright flame and
summer light,
I call my purpose into sight.
With fire and will, I now begin,
Let radiance rise from deep
within.”*

Step 4: Reflect in the Glow

Sit with the candle for a few minutes. Visualize your intention blooming like a sunflower beneath the midsummer sun. You may meditate, journal, or simply breathe in the warmth and clarity of the moment.

Allow the candle to burn down completely if safe to do so, or extinguish it respectfully and relight over the next few days until it’s fully burned.

Optional Additions:

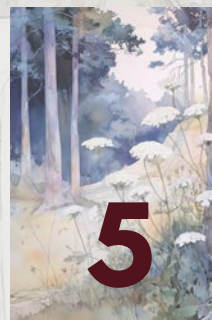
- Burn the “Solar Bloom” incense you created while performing the ritual
- Leave your folded intention in sunlight for the rest of the day to “charge” it
- Seal the spell by burying the paper in the earth or placing it under a crystal aligned with your goal

As the candle’s flame dances and the sun lingers overhead, remember that the same light lives within you. Let this ritual be a spark—small but sacred—carrying your intention forward through the long, golden days ahead.



Midsummer

Tarot or Oracle Spread



The Sun's Zenith Spread

A five-card Summer Solstice reading to illuminate your path and harness the energy of light and life at its peak.

Midsummer

Tarot or Oracle Spread

1) *Where am I shining the brightest right now?*

(Reveals your current strengths, gifts, or area of natural radiance.)

Card Drawn:

Midsummer

Tarot or Oracle Spread

2) *What is ready to bloom fully in my life?*

(Shows the intention, project, or part of yourself that is reaching its fullest expression.)

Card Drawn:

Midsummer

Tarot or Oracle Spread

3) *What shadows still linger beneath the light?*

(Brings awareness to challenges, patterns, or fears that may need tending as the light begins to wane.)

Card Drawn:

Midsummer

Tarot or Oracle Spread

4) How can I honor the joy and abundance around me?

(Offers guidance on celebration, gratitude, and connecting to the season's energy of fullness.)

Card Drawn:

A watercolor illustration of a forest scene. The background features soft, blended colors of green, blue, and brown, suggesting trees and foliage. Overlaid on this background are ten horizontal lines, providing a space for writing.

Midsummer

Tarot or Oracle Spread

5) *What should I carry with me into the second half of the year?*

(Reveals the wisdom, practice, or energy to keep close as the wheel turns toward harvest and reflection.)

Card Drawn:





Midsummer

Journal Prompts

What parts of me are coming into full bloom right now?

The Summer Solstice is a celebration of fullness and vitality. Use this prompt to explore how your personal growth is showing up—creatively, spiritually, or emotionally.

This is a time to honor your inner fire. Reflect on the people, practices, or places that help you feel empowered and aligned with your authentic self.

A watercolor illustration of a large, light blue ceramic urn with two handles, sitting on a bed of dry leaves and grass. The background is a soft, painterly landscape with more foliage and a hint of a path.

*What am I ready to release as the light
begins to wane?*

Even as we celebrate the longest day, we begin the slow turn toward shadow. Consider what habits, fears, or narratives no longer serve your journey and are ready to be lovingly let go.

A watercolor illustration of four large, faceted gemstones resting on a stone surface. Two of the stones are a deep green color, and two are a deep blue color. They are arranged in a row, with the two green stones on the left and the two blue stones on the right. The background features a stone wall and some foliage, including large green leaves and a small yellow flower. The overall style is soft and painterly, with visible brushstrokes and a muted color palette.

How can I create more space for joy and celebration in my everyday life?

Litha is a sabbat of delight, connection, and play. Use this prompt to brainstorm ways to bring more intentional joy into your days, no matter how small.

A watercolor illustration of a forest scene. Tall, slender trees with light-colored bark and dark green foliage form the background. A path or stream flows through the center of the forest. The foreground is filled with various plants, including white flowers and green foliage. The entire image is overlaid with horizontal lines, suggesting it is a template for writing.

As the Wheel of the Year turns, reflection brings clarity. Let this prompt help you distill the lessons of your journey so far and envision how they will shape the road ahead.

A watercolor illustration of a forest scene. The background features tall, slender trees with light-colored bark and dense green foliage. In the foreground, there are large, light-colored rocks or boulders. The entire image is overlaid with horizontal ruling lines, suggesting it is a template for writing.

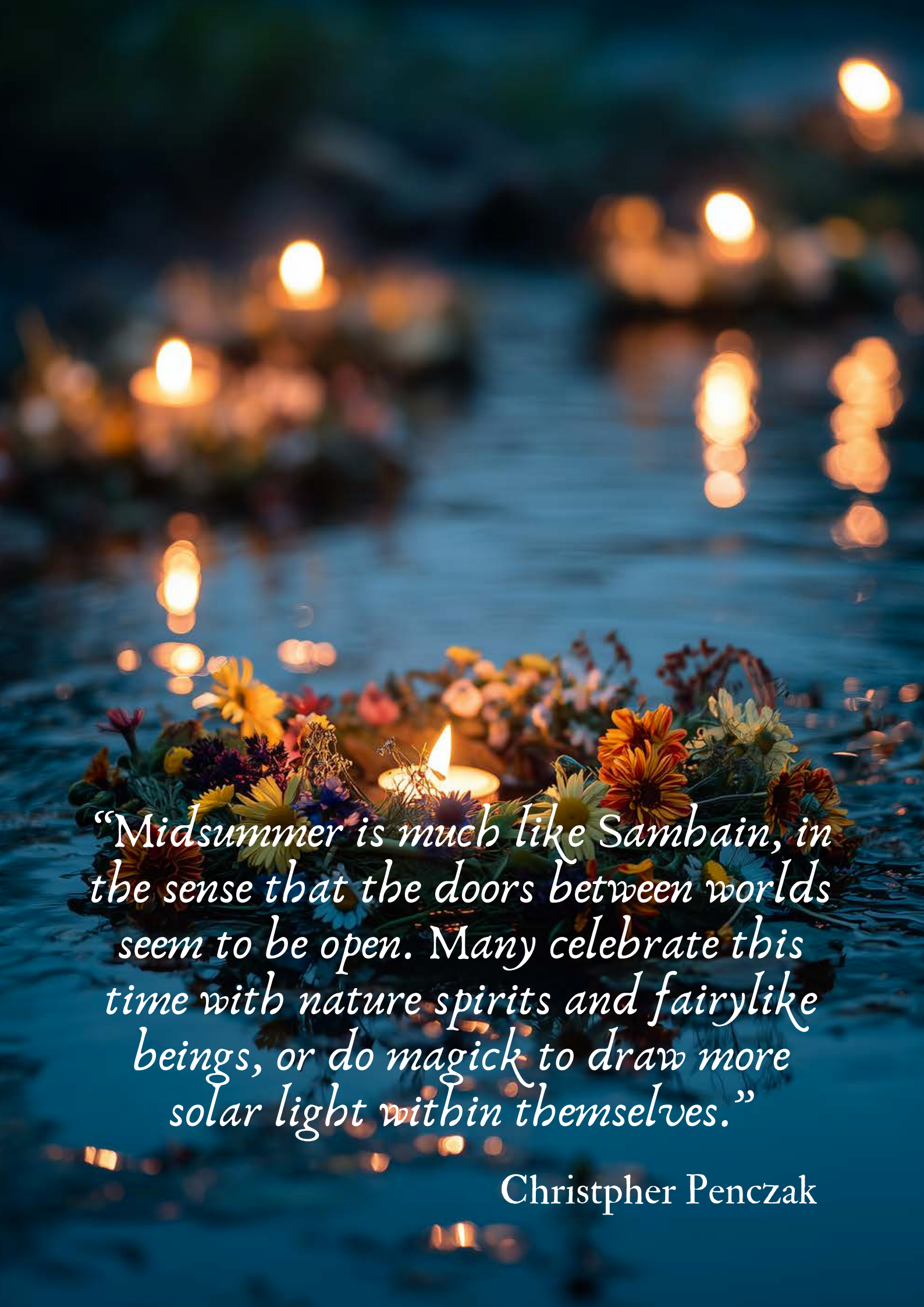


Midsummer

Setting Intentions

A watercolor illustration of a forest scene. In the foreground, several tall, slender stems rise from a bed of green foliage, each topped with a large, flat-topped cluster of small white flowers. The background features several tall, thin tree trunks in shades of light blue and green, with a soft, hazy blue sky visible through the canopy. The entire illustration is overlaid with a series of horizontal lines, suggesting it is a template for a writing exercise.



A floating candle surrounded by a bouquet of colorful flowers (yellow, orange, and purple) is placed on a body of water at night. The background is filled with numerous out-of-focus, warm-toned lights that create a bokeh effect, suggesting a festive or magical atmosphere. The water's surface is dark blue with gentle ripples.

“Midsummer is much like Samhain, in the sense that the doors between worlds seem to be open. Many celebrate this time with nature spirits and fairylike beings, or do magick to draw more solar light within themselves.”

Christopher Penczak



Sheri Kurdakul LLC

Reclaiming the magic in our lives through herbal and mystical education, events, tools, and community for wellbeing.

GLITTER WITCH GARDENS | SHERIKURDAKUL.COM